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# A REMARK ON THE AREA OF A SURFACE

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**ABSTRACT.** In this paper we present a formula for the computation of the area of a surface, which is a kind of curvilinear Fubini's formula (Theorem 2). Such a formula relates the area of a surface with the integral of the *period map* of an ordinary differential equation on that surface. Some applications are given. We use technics of differential equations but this result can also be proved by using the coarea theorem.

**RESUMO.** Neste trabalho apresentamos uma fórmula para o cálculo da área de uma superfície, a qual é uma espécie de fórmula de Fubini curvilínea (Teorema 2). Tal fórmula relaciona a área da superfície com a integral de uma "aplicação período" de uma equação diferencial ordinária sobre a superfície. Algumas aplicações são dadas. Usamos técnicas de equações diferenciais, mas este resultado pode também ser provado usando-se o teorema da coarea.

*Key words and phrases.* differential equation, manifold, period, area, coarea formula.

## 1. AREA OF A SURFACE AND PERIOD MAP

Let  $M$  be an oriented 2-dimensional Riemannian manifold of class  $C^1$ . Let  $f: M \rightarrow \mathbb{R}$  be a  $C^1$  function whose derivative at a point  $x$  is denoted by  $f'(x): T_x M \rightarrow \mathbb{R}$ , where  $T_x M$  is the tangent space of  $M$  at  $x$ . There exists a unique vector  $g(x) \in T_x M$  such that  $f'(x) \cdot v = \langle g(x), v \rangle$ , for all  $v \in T_x M$ , where  $\langle \cdot, \cdot \rangle$  denotes the inner product in  $T_x M$ .

Let  $u(x)$  be the vector field obtained by rotating  $g(x)$  by an angle of  $\frac{\pi}{2}$  radians. Observe that the vectors  $u(x)$  are tangent to the level curves of  $f$ , so the vectors  $g(x)$  are orthogonal to the level curves of  $f$ . Denote this rotation by  $\Phi$ ; then  $u(x) = \Phi(g(x))$  and  $\Phi: T_x M \rightarrow T_x M$  is a linear operator such that: (i)  $\Phi^2 = -I$ , (ii)  $\langle v, \Phi v \rangle = 0$ , (iii)  $\|\Phi(v)\| = \|v\|$ , (iv)  $\{v, \Phi(v)\}$  is a positive basis, if  $v \neq 0$ .

Consider the differential equation

$$(1) \quad \dot{x} = u(x).$$

For every regular value  $y \in f(M)$  the set  $f^{-1}(y)$  is invariant by Eq. (1), that is, each solution of Eq. (1) with initial condition in  $f^{-1}(y)$  is contained in  $M$  and describes a

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piece of the level curve  $f^{-1}(y)$ . We also observe that we have uniqueness of solutions for the initial value problem

$$(2) \quad \begin{aligned} \dot{x} &= u(x) \\ x(0) &= x_0. \end{aligned}$$

In fact, a local solution of (2) is contained in the level curve  $f(x) = c$ , ( $c = f(x_0)$ ) such that  $\nabla f(x_0) \neq 0$ . Suppose  $x, y$  are two solutions of (2). Since  $\dot{x}(0) = u(x_0) = \dot{y}(0)$ , the maps  $x(t)$  and  $y(t)$  are local parameterizations of the level curve  $f^{-1}(c)$  through the point  $x_0$ . Thus there is a change of variable of class  $C^1$ ,  $s = h(t)$ ,  $h(0) = c$ , such that  $x(t) = y(s)$ . By the chain rule,  $\dot{x}(t) = \dot{h}(t) \dot{y}(h(t))$ , and therefore  $u(x(t)) = \dot{h}(t) u(y(h(t))) = \dot{h}(t) u(x(t))$ , which implies  $\dot{h}(t) = 1$ , and hence  $h(t) = t$ , for all  $t$ . This shows the uniqueness of solutions of (2).

**Definition:** We define the *period map*  $p: \mathbb{R} \rightarrow [0, \infty) \cup \{+\infty\}$  of (1) in the following way: for each regular value  $y \in f(M)$ , there exists a finite or countable union of disjoint intervals  $J_y = \cup_\lambda J_\lambda \subset \mathbb{R}$  and a solution  $x: J_y \rightarrow M$  of (1) (since the set  $J_y$  may be disconnected, we mean solution in an extended sense: the orbit is a union of orbits in the usual sense) such that  $x$  is 1-1 and  $x(J_y) = f^{-1}(y)$ . Then we define  $p(y) = \sum_\lambda l(J_\lambda)$ , where  $l(J_\lambda)$  is the length of  $J_\lambda$ .

For each  $y \in f(M)$  that is not a regular value of  $f$ , we put  $p(y) = +\infty$ ; and if  $f^{-1}(y) = \emptyset$ , we define  $p(y) = 0$ .

We remark that the period function at a point  $z$  corresponds to the time elapsed by the solution to traverse the orbit  $f^{-1}(z)$ . When this orbit is periodic,  $p(z)$  is the minimal period of the orbit.

We recall that an extended real valued function  $q$  is said to be *lower semi continuous* at a point  $z_0$  such that  $q(z_0) < \infty$  if, for any  $\varepsilon > 0$ , there exists  $\delta > 0$  such that  $q(z_0) - \varepsilon < q(z)$ , whenever  $|z - z_0| < \delta$ . It is lower semi continuous at a  $z_0$  such that  $q(z_0) = \infty$  if, for any  $L$ , there is a  $\delta > 0$  such that  $q(z) > L$ , whenever  $|z - z_0| < \delta$ .

**Theorem 1.** *The period function  $p$  is lower semi continuous.*

**Proof:** We shall only present the proof for the case  $p(z_0) < \infty$ . Since  $p(z_0) < \infty$ , the series  $\sum_\lambda l(J_\lambda)$  is convergent. Given  $\varepsilon > 0$ , there exists  $n$  such that  $\sum_{i=n+1}^{\infty} l(J_i) < \varepsilon$ . Using the theorem on local form of submersions (see [7]) and the continuity of solutions of differential equations with respect to initial conditions we can conclude the existence of a finite family of closed intervals  $\{Q_0, Q_1, \dots, Q_n\}$ ,  $Q_i \subset J_i \forall i$ , satisfying  $l(J_i) - l(Q_i) < \varepsilon/n$ , and exists  $\bar{\delta} > 0$  such that is  $|x_0 - \bar{x}_0| < \bar{\delta}$ , the solution  $x(t, \bar{x}_0)$  is defined at least on  $Q_i$ . Hence

$$p\bar{z}_0 \geq \sum_{i=1}^n l(Q_i) > \sum_{i=1}^n [l(J_i) - \varepsilon] > [p(z_0) - \varepsilon] - \varepsilon = p(z_0) - 2\varepsilon.$$

**Remark 1:** Let  $p: \mathbb{R} \rightarrow [0, \infty) \cup \{+\infty\}$  be a given lower semi continuous function and  $M = \{(t, z) \in \mathbb{R}^2, 0 < t < p(z)\}$ . Since  $M$  is open, then  $M$  is a Riemannian manifold with the induced metric of  $\mathbb{R}^2$ . If  $f: M \rightarrow \mathbb{R}$  is given by  $f(t, z) = z$ , the correspondent period map for this function  $f$  is  $p$ .

**Remark 2:** The period map is Lebesgue measurable, but may not be Riemann integrable, even if  $f(M)$  and  $p$  are bounded. Let  $A \subset (0, 1)$  be a closed set with positive measure and empty interior. Consider the open set  $M = ((0, 1) - A) \times (-2, 2) \cup (A \times (-1, 1))$  and the map  $p(x)$  defined by  $p(x) = 2$  if  $x \in A$  and  $p(x) = 4$  if  $x \notin A$ . The function  $p$  is discontinuous in  $A$  and since the measure of  $A$  is not zero, then  $p$  is not Riemann integrable.

In the proof of Lemma 2 below we need the following equality, related to Schwarz inequality, whose proof is immediate.

**Lemma 1.** *Let  $u, v$  vectors in a 2-dimensional Hilbert space, and let  $\tilde{u}$  be a vector that is orthogonal to  $u$  such that  $\|\tilde{u}\| = \|u\|$ . Then*

$$\|u\|^2\|v\|^2 = \langle u, v \rangle^2 + \langle \tilde{u}, v \rangle^2.$$

**Lemma 2.** *Let  $M$  be a 2-dimensional oriented Riemannian manifold with boundary, and let  $f: M \rightarrow \mathbb{R}$  be a  $C^1$  map such that:*

(a)  *$f$  and  $f|_{\partial M}$  have no critical points;*

(b) *For any  $z \in f(M)$ , there exists an interval  $[r, s]$ ,  $r < z < s$ , such that*

*$f^{-1}[r, s]$  is compact in  $M$ ;*

(c) *For any  $z \in f(M)$ , the set  $D(z) = \{x \in M : f(x) < z\}$  has finite area  $A(z)$ .*

For each  $x \in M$ , let  $\tilde{A}(x) = A(f(x))$  and  $\tilde{p}(x) = p(f(x))$ . Then:

(i)  $A'(z) = p(z)$ ,  $\forall z \in f(M)$

(ii)  $\tilde{A}'(x) = \tilde{p}(x) f'(x)$ ,  $\forall x \in M$ .

**Proof:** Since we can work in each connected component of

$f^{-1}(z)$ , we shall assume that  $f^{-1}(z)$  is connected, for all  $z$ . Let  $z \in J$ , then  $f^{-1}(z)$  is an orbit which we will parameterize by  $z$ .

For any  $x_0$  let  $z_0 = f(x_0)$  and consider the initial value problem

$$\begin{aligned}\varphi'(z) &= \frac{g(\varphi(z))}{\|g(\varphi(z))\|^2} \\ \varphi(z_0) &= x_0.\end{aligned}$$

Since we work in each chart of  $M$  we can assume that there exists a  $z_0$  such that the orbit of the corresponding solution  $\varphi(z)$  intercepts every level curve of  $f$ , that is, the function  $\varphi(z)$  is defined for all  $z \in J$ . Then we have

$$\langle g(\varphi(z)), \varphi'(z) \rangle = 1.$$

Integrating both sides, we get  $f(\varphi(z)) = z + c$ .

Since  $f(\varphi(z_0)) = f(x_0) = z_0$ , we have  $z_0 = f(x_0) = f(\varphi(z_0)) = z_0 + c$ , which implies  $c = 0$ . Therefore  $f(\varphi(z)) = z$ ,  $\forall z \in J$ .

Now consider the solutions  $x(t, z)$  of the differential equation  $\dot{x} = u(x)$  such that  $x(0, z) = \varphi(z)$ ; then clearly  $f(x(t, z)) = z$ ,  $\forall z$ . The map  $x(t, z)$  parameterizes  $M$ ; If  $W = \{(t, z) : 0 < t < p(z), z \in J\}$  then  $x: W \rightarrow M$  is a diffeomorphism. We claim that if

$$E = \|\frac{\partial x}{\partial t}\|^2, \quad G = \|\frac{\partial x}{\partial z}\|^2, \quad F = \langle \frac{\partial x}{\partial t}, \frac{\partial x}{\partial z} \rangle, \quad \text{then } EG - F^2 = 1, \text{ for all } t, z.$$

In fact, from  $f(\varphi(z)) = z$ ,  $\forall z \in J$ , it follows that  $f(x(t, z)) = z$ ,  $\forall z \in J$ , for  $x(0, z) = \varphi(z)$  and  $x(t, z)$  is a level curve of  $f$ . Note that since  $\Phi^2 = -I$ ,  $\frac{\partial x}{\partial t} = -\Phi \frac{\partial x}{\partial z}$  implies  $-\Phi \left( \frac{\partial x}{\partial z} \right) = g$ . Hence

$$1 = \langle g(x), \frac{\partial x}{\partial z} \rangle = \langle -\Phi \left( \frac{\partial x}{\partial t} \right), \frac{\partial x}{\partial z} \rangle$$

and it follows from Lemma 1 that

$$\begin{aligned}1 &= \left\langle g(x), \frac{\partial x}{\partial z} \right\rangle^2 = \left\langle \Phi \left( \frac{\partial x}{\partial z} \right), \frac{\partial x}{\partial t} \right\rangle^2 = \left\| \frac{\partial x}{\partial t} \right\|^2 \left\| \frac{\partial x}{\partial z} \right\|^2 - \left\langle \frac{\partial x}{\partial t}, \frac{\partial x}{\partial z} \right\rangle^2 \\ &= EG - F^2.\end{aligned}$$

From the Differential Geometry we have

$$\text{Area}(M) = \int_W \sqrt{EG - F^2} dt dz = \int_W dt dz = \int_{z_0}^{z_1} p(z) dz.$$

Therefore  $A(z) = A(z_0) + \int_{z_0}^z p(\tilde{z})d\tilde{z}$ , and then  $A'(z) = p(z)$ . This shows (i). The proof of (ii) follows from (i) and the chain rule.

**Lemma 3.** *Let  $M$  be a compact oriented Riemannian manifold with boundary, and  $f$  be a  $C^1$  map with no critical points. Then*

$$\text{Area}(M) = \int p(z) dz.$$

**Proof:** Denote by  $CV$  the set of critical values of  $f|_{\partial M}$ . Since  $M$  is compact,  $CV$  is a closed set. Since  $f$  has no critical points, Sard's Theorem implies  $m(CV) = 0$ .

Then  $\mathbb{R} \setminus CV$  is a countable union (possibly finite) of open intervals, that is,  $\mathbb{R} \setminus CV = \bigcup I_n$ , where  $I_n$  is an open interval for all  $n$ . Since the result holds in each  $I_n$ , Lemma 2 implies

$$\text{Area}(f^{-1}(I_n)) = \int_{I_n} p(x) dx.$$

Then, since the area of  $f^{-1}(CV)$  is zero (because  $f$  has no critical points), we have

$$\begin{aligned} \int_{\mathbb{R}} p(z) dz &= \int_{\mathbb{R} \setminus CV} p(z) dz = \sum_n \int_{I_n} p(z) dz \\ &= \sum_n \text{Area}(f^{-1}(I_n)) = \text{Area}(M). \end{aligned}$$

**Theorem 2.** *Let  $M$  be an oriented Riemannian manifold without boundary, and let  $f$  be a  $C^1$  map without critical points. Then*

$$\text{Area}(M) = \int p(z) dz.$$

**Proof:** We can write  $M = \bigcup M_n$ , a countable union, in which  $M_n \subset \overset{\circ}{M_{n+1}}$  and each  $M_n$  is a compact manifold. Let the  $p_n$  be the period map in  $M_n$ . By Lemma 3, we have

$$\text{Area}(M_n) = \int p_n(z) dz.$$

Note that  $p(z) = \lim_{n \rightarrow \infty} p_n(z)$ , the sequence  $(p_n(z))$  is bounded by  $p(z)$  and  $p_{n+1}(z) \geq p_n(z)$ . By Lebesgue Dominated Convergence Theorem, we have

$$\text{Area}(M) = \lim_{n \rightarrow \infty} \text{Area}(M_n) = \lim_{n \rightarrow \infty} \int p_n(z) dz = \int p(z) dz.$$

**Remark 3:** Since each  $p_n$  is continuous and  $p$  is not Riemann integrable, the convergence cannot be uniform.

If the set of critical points of  $f$  has positive measure, we have the following result, whose proof is immediate.

**Corollary 1.** *Let  $M$  be an oriented Riemannian manifold without boundary, and let  $f$  be a  $C^1$  map. Then*

$$\text{Area}(M) = \int p(z) dz + \text{Area}(C_f),$$

where  $C_f$  is the set of critical points of  $f$ .

**Remark 4:** If the differential equation (1) is

$\dot{x} = \lambda(x)u(x)$ ,  $\lambda(x) \neq 0$ , then,  $A'(z) = \int_0^{\tilde{p}(z)} \lambda(x(t, \bar{z})) dt$ , where  $\tilde{p}(z)$  is the period function for the map  $\lambda(x)u(x)$ . In fact, we have

$$1 = \langle g(x), \frac{\partial x}{\partial z} \rangle = \langle -\Phi(u(x)), \frac{\partial x}{\partial t} \rangle = \frac{1}{\lambda(x)} \langle -\Phi\left(\frac{\partial x}{\partial t}\right), \frac{\partial x}{\partial z} \rangle.$$

Since

$$\begin{aligned} \|\Phi\left(\frac{\partial x}{\partial t}\right)\| &= \left\|\frac{\partial x}{\partial t}\right\| \text{ and } \Phi\left(\frac{\partial x}{\partial t}\right) \text{ is orthogonal to } \frac{\partial x}{\partial t}, \text{ we have:} \\ \left\|\frac{\partial x}{\partial t}\right\|^2 \left\|\frac{\partial x}{\partial z}\right\|^2 &= \left\langle \frac{\partial x}{\partial t}, \frac{\partial x}{\partial z} \right\rangle^2 + \left\langle \Phi\left(\frac{\partial x}{\partial t}\right), \frac{\partial x}{\partial z} \right\rangle^2 = \left\langle \frac{\partial x}{\partial t}, \frac{\partial x}{\partial z} \right\rangle^2 + (\lambda(x))^2. \end{aligned}$$

Then,  $EG - F^2 = \lambda^2(x)$ ; hence

$$A(z) - A(z_0) = \int_{z_0}^z d\bar{z} \int_0^{\tilde{p}(z)} \lambda(x(t, \bar{z})) dt. \text{ Therefore, } A'(z) = \int_0^{\tilde{p}(z)} \lambda(x(t, \bar{z})) dt.$$

## 2. EXAMPLES

1) Consider the cone  $M = \{(x, y, z) \in \mathbb{R}^3 : x^2 = y^2 + z^2\}$  and the function  $f: M \rightarrow \mathbb{R}$  defined by  $f(x, y, z) = x$ .

Consider the zero level curve of  $f$  given by  $\phi(x, y, z) = x^2 - y^2 - z^2 = 0$  and let  $P = (x, y, z)$  be a point of  $M$ . The tangent plane of  $M$  at  $P$  is  $T_P M = \{v = (v_1, v_2, v_3) : \langle \nabla \phi(x, y, z), v \rangle = 2xv_1 - 2yv_2 - 2zv_3 = 0\}$ .

For  $v \in T_P M$  we have  $f'(P).v = \langle \nabla f(P), v \rangle = \langle (1, 0, 0), (v_1, v_2, v_3) \rangle = v_1$ . A vector  $g(P) \in T_P M$  so that  $\langle g(P), v \rangle = f'(P).v = v_1$  is

$$g(P) = \left( \frac{y^2 + z^2}{x^2 + y^2 + z^2}, \frac{y x}{x^2 + y^2 + z^2}, \frac{z x}{x^2 + y^2 + z^2} \right).$$

The vector  $u(P)$  is orthogonal to both  $\nabla \phi(P)$  and  $g(P)$ , and  $|u(P)| = |g(P)|$ . Then  $u(P) = (0, \frac{z}{\sqrt{x^2+y^2+z^2}}, \frac{y}{\sqrt{x^2+y^2+z^2}})$ .

The differential equation is

$$(3) \quad \begin{aligned} \dot{P} &= u(P) \\ P(0) &= (x_0, y_0, z_0) \in M. \end{aligned}$$

The solution of (3) is  $(x(t), y(t), z(t)) = (x_0, x_0 \cos(\frac{1}{x_0\sqrt{2}}t), x_0 \sin(\frac{1}{x_0\sqrt{2}}t))$ .

Therefore, the period function is  $p(x) = 2\sqrt{2}\pi x$  and hence the area of  $M$  is

$$A = 2\sqrt{2} \int_0^h \pi x dx = \sqrt{2}\pi h^2,$$

which coincides with the known formula for the area of the cone.

2) As another example, consider the nonlinear second order scalar differential equation

$$(4) \quad \ddot{z} + 2z^3 = 0.$$

It can be written as a 2-dimensional differential equation

$$(5) \quad \dot{x} = u(x),$$

where  $x = (x_1, x_2)$ ,  $u(x_1, x_2) = (x_2, -2x_1^3)$ . The orbits of (5) in the  $(x_1, x_2)$ -plane are the level curves of the *total energy* function  $f(x, y) = (x_2^2 + x_1^4)/2$ . For each  $h > 0$ , the level curve

$$(6) \quad x_1^4 + x_2^2 = 2h,$$

is a periodic orbit of (5) in the phase plane  $(x_1, x_2)$  that intersects the  $x_1$ -axis at the points  $(-a, 0)$  and  $(a, 0)$ , where  $a^4 = 2h$ . Due to the symmetry of (6), this orbit is symmetric with respect to both  $x_1$ - and  $x_2$ -axes. Each corresponding solution has

maximum amplitude  $a$ . By solving Eq. (6) for  $x_2 = \frac{dx_1}{dt}$  and then integrating from 0 to  $a$  over a quarter of orbit we get the period  $p(h)$  of this orbit as  $p(h) = \frac{C}{(2h)^{1/4}}$ , where  $C = 4 \int_0^1 \frac{du}{\sqrt{1-u^4}} = \frac{\sqrt{\pi} \Gamma(1/4)}{\Gamma(3/4)} \simeq 1.31103$ . Note that  $p(h) \rightarrow \infty$  as  $h \rightarrow 0^+$ , and  $p(h) \rightarrow 0$  as  $h \rightarrow \infty$ . Then Theorem 2 implies that the area  $A$  of the annulus between the orbits corresponding to the energy levels  $h$  and  $k$ ,  $0 \leq k < h$ , is given by

$$A = \int_k^h p(\lambda) d\lambda = C \int_k^h \lambda^{-1/4} d\lambda = \frac{4C}{3} (h^{3/4} - k^{3/4}).$$

In particular, the area enclosed by the orbit corresponding to the energy level  $h = a^4/2$  is

$$A = \frac{4C}{3} h^{3/4} = \frac{4C}{3\sqrt[4]{2}} a^3.$$

Similar computations yield analogous conclusions for the more general equation

$$\ddot{x} + x^{2n+1} = 0.$$

### 3. AN APPLICATION

We now present a type of Cavalieri's principle. Let  $f_1 : M_1 \rightarrow \mathbb{R}$  and  $f_2 : M_2 \rightarrow \mathbb{R}$ , be maps without critical points and  $p_1, p_2$  the respective "period functions".

Suppose that  $p_1(z) = p_2(z)$  almost everywhere. Then, given  $z_0, z_1 \in \mathbb{R}$ , we have  $\text{Area}(f_1^{-1}(z_0, z_1)) = \text{Area}(f_2^{-1}(z_0, z_1))$ .

In particular,  $\text{Area}(M_1) = \text{Area}(M_2)$ .

### 4. A COAREA FORMULA

As another application, we give a proof of a particular case of the famous coarea theorem (see, [5]). We remark that, conversely, Theorem 2 can be proved from the coarea formula, by doing convenient identifications, but we do not intend to do it here.

**Theorem 3.** *Let  $M$  be an open subset of  $\mathbb{R}^2$  and  $f : M \rightarrow \mathbb{R}$  a  $C^1$  function without critical points. Then  $\int_M J(f(x)) dx = \int \mu_1(f^{-1}(z)) dz$ , where  $\mu_1(f^{-1}(z))$  is 1-dimensional Hausdorff measure of  $f^{-1}(z)$  and  $J(f(x))$  is the norm of the gradient of  $f$ .*

**Remark 5:** Note that in this case  $\mu_1(f^{-1}(z))$  is the length of  $f^{-1}(z)$ .

The proof of Theorem 3 is a consequence of the lemmas below.

**Lemma 4.** Suppose  $Jf(x) = c$ . Then  $\int_M J(f(x)) dx = \int \mu_1(f^{-1}(z)) dz$ .

**Proof:** We have  $c \text{Area}(M) = c \int_M dx = \int_M \tilde{c} dx = \int_M Jf(x) dx$ .

But we also know by Theorem 2, that

$$c \text{Area}(M) = c \int p(z) dz = \int c p(z) dz = \int l(f^{-1}(z)) dz = \int \mu_1(f^{-1}(z)) dz,$$

and the conclusion follows.

**Lemma 5.** Suppose that  $Jf(x)$  satisfies  $c - \epsilon \leq J(f(x)) \leq c + \epsilon$ , where  $0 < \epsilon < c$ .

Then,

$$(7) \quad \left| \int_M J(f(x)) dx - \int \mu_1(f^{-1}(z)) dz \right| \leq \frac{2\epsilon}{c - \epsilon} \int \mu_1(f^{-1}(z)) dz.$$

**Proof:** We have

$$\int_M (c - \epsilon) dx \leq \int_M Jf(x) dx \leq \int_M (c + \epsilon) dx.$$

Hence,

$$(c - \epsilon) \text{Area}(M) \leq \int_M Jf(x) dx \leq (c + \epsilon) \text{Area}(M).$$

We also have

$$\mu_1(f^{-1}(z)) = \int_0^{p(z)} \|\dot{x}\| dt \leq (c + \epsilon)p(z) \quad \text{and} \quad \mu_1(f^{-1}(z)) \geq (c - \epsilon)p(z)$$

and these inequalities imply

$$(c - \epsilon) \int p(z) dz = \frac{c - \epsilon}{c + \epsilon} \int (c + \epsilon) p(z) dz \geq \frac{c - \epsilon}{c + \epsilon} \int \mu_1(f^{-1}(z)) dz.$$

and

$$(c + \epsilon) \int p(z) dz = \frac{c + \epsilon}{c - \epsilon} \int (c - \epsilon) p(z) dz \leq \frac{c + \epsilon}{c - \epsilon} \int \mu_1(f^{-1}(z)) dz.$$

Therefore,

$$\frac{c-\epsilon}{c+\epsilon} \int \mu_1(f^{-1}(z)) dz \leq \int_M J(f(x)) dx \leq \frac{c+\epsilon}{c-\epsilon} \int \mu_1(f^{-1}(z)) dz.$$

and from these inequalities we get (7).

**Lemma 6.** *Let  $M$  be a bounded open subset of  $\mathbb{R}^2$  and  $f$  a  $C^1$  function on  $\overline{M}$ . Suppose that there is  $c > 0$  such that  $Jf(x) \geq c$ ,  $\forall x \in M$ . Then,*

$$\int_M J(f(x)) dx = \int \mu_1(f^{-1}(z)) dz.$$

**Proof:** Suppose  $\epsilon > 0$  is given. Since  $J(f(x))$  is continuous, there exist open sets  $M_1, M_2, \dots, M_n$  such that,  $M - \bigcup_{i=1}^n M_i$  has measure zero and  $c_i - \epsilon \leq J(f(x)) \leq c_i + \epsilon$ ,  $\forall x \in M_i$ ,  $i = 1, \dots, n$ , where  $c_i = J(f(x_i))$  for some  $x_i \in M_i$ .

Then, denoting  $I_i = f(M_i)$ ,  $i = 1, \dots, n$ , we have

$$\begin{aligned} \int_M J(f(x)) dx &= \int_{\cup M_i} J(f(x)) dx = \sum_{i=1}^n \int_{M_i} J(f(x)) dx \\ &= \sum_{i=1}^n \int_{I_i} \mu_1(f^{-1}(z)) dz + \sum_{i=1}^n \left( \int_{M_i} J(f(x)) dx - \int_{I_i} \mu_1(f^{-1}(z)) dz \right) \\ &= \int_{I_i} \mu_1(f^{-1}(z)) dz + \sum_{i=1}^n \left( \int_{M_i} J(f(x)) dx - \int_{I_i} \mu_1(f^{-1}(z)) dz \right). \end{aligned}$$

From Lemma 2 we have:

$$\begin{aligned} \sum_{i=1}^n \left| \int_{M_i} J(f(x)) dx - \int_{I_i} \mu_1(f^{-1}(z)) dz \right| &\leq \sum_{i=1}^n \frac{2\epsilon}{c_i - \epsilon} \int_{I_i} \mu_1(f^{-1}(z)) dz \\ &= \frac{2\epsilon}{c - \epsilon} \int \mu_1(f^{-1}(z)) dz. \end{aligned}$$

Since the integral  $\int \mu_1(f^{-1}(z)) dz$  is finite and  $\epsilon > 0$  is arbitrary, we get:

$$\int_M Jf(x) dx = \int \mu_1(f^{-1}(z)) dz.$$

## 5. AN INEQUALITY FOR THE AREA OF A SURFACE

In the application bellow we get some estimates for the area of the surface using a result due to Lasota and Yorke [8] (see also [1]). The Riemannian manifold that

we consider is a Riemannian sub manifold in a Hilbert space. We recall the following result:

**Lemma 7.** *Let  $x(t)$  be a nontrivial  $p$ -periodic solution of the equation  $x'(t) = \mu(x(t))$ . Assume that  $\mu$  is Lipschitzian with Lipschitz constant  $L$  on the orbit of  $x$ . Then  $Lp \geq 2\pi$ .*

Assume  $f: M \rightarrow \mathbb{R}$  is  $C^1$  and has precisely  $n$  critical values  $a_1, \dots, a_n$  in  $(a, b) = f(M)$ . For any  $z \in I_j = (a_j, a_{j+1})$ ,  $j = 0, 1, \dots, n$ , where  $a_0 = a, a_n = b$ , let  $n_j$  be the number of corresponding periodic orbits (we recall that for any  $z$ ,  $f^{-1}(z)$  consists of finitely many periodic orbits).

Then,

$$L \text{ Area}(M) = L \int p(z) dz = \sum_{i=1}^n \int_{I_i} Lp(z) dz \geq 2\pi \sum_{i=1}^n n_i l(I_i).$$

Therefore,

$$\text{Area}(M) \geq \frac{2\pi}{L} \sum_{i=1}^n n_i l(I_i).$$

Thus we have proved:

**Theorem 4.** *Suppose  $f: M \rightarrow \mathbb{R}$  is a  $C^1$  map such that  $f'$  is Lipschitzian with Lipschitz constant  $L$ . If  $f$  has precisely  $n$  critical values, then (using the above notation),*

$$\text{Area}(M) \geq \frac{2\pi}{L} \sum_{i=1}^n n_i l(I_i).$$

*In particular, if  $f$  has no critical values then,*

$$\text{Area}(M) \geq \frac{2\pi}{L} (b - a).$$

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