

CORRELATION BETWEEN RELIGIOSITY, SPIRITUALITY AND QUALITY OF LIFE OF ADOLESCENTS WITH CLEFT LIP AND PALATE

Francely Tineli Farinha, Fábio Luiz Banhara, Gesiane Cristina Bom, Gabriela Favaro Marques da Cunha, Raissa Janine de Almeida and Armando dos Santos Trettene

Objective: To correlate spirituality and religiosity with the quality of life of adolescents with cleft lip and palate. Methods: A cross-sectional study developed in a tertiary hospital encompassing two groups, case and comparative. The case group consisted of 40 adolescents with cleft lip and palate, while the comparison group was composed of 40 adolescents without cleft lip and palate. For data collection, a Sociodemographic Questionnaire was employed, the Durel Religiosity Scale and the World Health Organization Quality of Life - Bref (WHOQOL-Bref). For statistical analysis, the Mann-Whitney, Chi-Square, Student-t test and Pearson's correlation tests were employed. The level of significance adopted for all tests was 5% ($p \leq 0.05$). Results: Organizational religiosity was significantly higher in the case group ($p=0.031$). The overall quality of life was significantly higher in the case group ($p=0.012$). Concerning domains related to quality of life, it was observed that the Environment was significantly higher in the case group ($p<0.001$). When religiosity and spirituality were correlated with quality of life, non-organizational religiosity presented a strong correlation with organizational religiosity ($r=0.62$, $p<0.001$). In relation to spirituality, there was a moderate correlation with non-organizational religiosity ($r=0.44$) and with organizational religiosity ($r=0.43$) ($p=0.005$ and $p=0.006$, respectively). When correlating the domains related to quality of life with religiosity and spirituality, a moderate correlation between spirituality and overall quality of life was identified ($r=-0.35$, $p=0.026$). Conclusion: Adolescents with cleft lip and palate with higher scores of spirituality, presented a better perception of their quality of life.