



Electrodes of $Ti_3C_2T_x$ MXene-modified cotton fabrics for wearable triboelectric nanogenerators

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Received: 24 December 2025

Accepted: 5 February 2026

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ABSTRACT

Metal-free devices are critical components for incorporation into wearables due to comfort and flexibility requirements, as well as the drawbacks of oxidation and skin contact, making modified textiles with conductive fillers promising electrode materials. Herein, $Ti_3C_2T_x$ MXene is incorporated into a cotton textile, which uses a single electrode triboelectric nanogenerator (TENG) with the skin and an Eco-flex layer as tribopairs. This combination results in a device with an open-circuit voltage of 220.5 V, yielding a maximum power density of $42 \mu W/cm^2$, opening the door to promising applications for devices activated by simple finger touch. As a proof of concept, a two-level system for communication with hospital patients is provided by combining two TENGs disposed as tactile sensors in the input of a microcontroller with an output in a speaker, making it possible to communicate with minimal finger movement, with the skin considered as a tribopositive layer in the assembled TENG.

1 Introduction

The rapid growth of wearables and portable electronics technology reinforces the demand for highly efficient power sources [1–3]. However, conventional batteries used in these devices often suffer from critical limitations, including short lifespans, rigid structures, and environmental issues [4]. Developing

self-powered devices (battery-free systems) involves devising energy-harvesting methods to convert mechanical energy into electrical energy. In particular, triboelectric nanogenerators (TENGs), invented by Wang and collaborators [5], enable energy harvesting via contact electrification and electrostatic induction. These devices are considered promising components for the next-generation wearable

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electronics, biosensors, and self-powered healthcare devices [6], with outstanding properties including a lightweight design, low production costs, and operation driven by multiple mechanical input sources [4].

The standard contact-separation TENG mode is schematically illustrated in Fig. S1a. In this configuration, two induction electrodes are placed in contact with the friction layers, in a typical association of capacitors with three dielectric layers in series: a tribopositive and a tribonegative layer with thickness d_1 and d_2 with dielectric constants k_1 and k_2 , respectively, and a central gap represented by an air capacitor with thickness $x(t)$ that varies during successive contact and separation cycles. As a consequence, Maxwell's equation for the stationary condition (Eqs. S1 to S4) must consider the modification in the displacement vector by an extra term (P_s) that introduces the effects of the charges that appear in the medium due to the triboelectrification (see Eq. S5). As a result, the expanded Maxwell's equations applied to moving charges are presented in Eqs. S6 to S9. Based on these conditions, the expected values for the open circuit voltage and short-circuit current are given by Eqs. S10 and S11, respectively [7].

Despite promising advantages, a typical limitation for standard TENG-related devices is the lack of wearability of metallic electrodes due to their rigidity and associated issues of comfort and reliability in humid conditions [8]. The configuration of a single electrode (schematically illustrated in Fig. S1b) reduces the number of electrodes in the overall device. It can be explored in a configuration in which the skin is considered a tribopositive layer (the scheme is shown in Fig. S1c), with the corresponding equivalent circuit shown in Fig. S1d, where R_B and C_B represent the resistance and capacitance of the body, respectively.

The development of metal-free conductive electrodes has relied on the incorporation of conductive fillers, in which electrical conductivity is a key parameter alongside adaptability and biocompatibility. In this context, alternative materials have emerged as promising candidates for TENG production, such as carbon derivatives (carbon fiber paper [9] and carbon black [10]), conducting polymers [11, 12], laser-induced graphene (LIG) [13], and graphene-based materials [14], which can act as efficient current collectors while preserving mechanical compliance [8]. In this context, efforts have focused on using natural and bio-based substrates combined with conductive

fillers in TENG architectures to improve adaptability and biocompatibility [15].

Recently, significant attention has been given to textiles, versatile supports for wearable triboelectric devices, owing to their intrinsic flexibility, breathability, and user comfort [12]. Unlike rigid substrates, fabrics can conform intimately to the human body, ensuring efficient contact with skin while maintaining long-term wearability. This unique combination of structural adaptability and mechanical resilience makes textile-based TENGs attractive for harvesting biomechanical energy from daily activities. Moreover, their seamless integration into garments and accessories allows for continuous electricity generation without interfering with user mobility and comfort, positioning textile-supported TENGs as an ideal platform for developing self-powered wearable systems [16].

Cotton, in particular, is attractive due to its softness, porosity, breathability, and mechanical robustness [17], as well as its hierarchical fibrous network, which offers comfort, flexibility, and a high surface area [18] due to the high density of available sites for charge accumulation. Under functionalization with conductive nanomaterials, cotton fabrics can serve as mechanically robust supports and active current collectors, broadening their role beyond passive substrates [17]. In addition, its widespread availability, comfort, and washability provide an ideal template for fabricating skin-interfacing devices [19].

MXenes, a class of two-dimensional transition metal carbides and nitrides, have recently emerged as promising conductive fillers for next-generation energy devices [20]. Among them, $Ti_3C_2T_x$ MXene combines high electrical conductivity, mechanical flexibility, tunable surface terminations, and strong electronegativity, enabling efficient charge transfer when incorporated into triboelectric systems [21–24]. $Ti_3C_2T_x$ MXene-coated cotton fabrics can form interconnected conductive networks that enhance electron transport without compromising textile flexibility [20]. This approach has significantly boosted TENG performance, facilitating applications in physiological monitoring and wearable sensors [24].

Herein, we report the fabrication of a textile-based TENG in which $Ti_3C_2T_x$ MXene-modified cotton serves as a metal-free electrode. In the assembled system, human skin operates as the tribopositive material and Ecoflex 00–30 as the tribonegative counterpart. This configuration explores the skin-device interface to harvest biomechanical energy, while $Ti_3C_2T_x$

MXene-functionalized cotton provides efficient electron-transport pathways and mechanical resilience. The proposed architecture is systematically evaluated regarding output voltage, current, power density, and stability under repeated cycles, highlighting its potential as a low-cost, sustainable, and wearable energy-harvesting platform. The high sensitivity to finger touch was explored in a two-level communication system in which a single touch suffices to convey information to an electronic system.

2 Materials and methods

2.1 Preparation of $\text{Ti}_3\text{C}_2\text{T}_x$ MXene

The $\text{Ti}_3\text{C}_2\text{T}_x$ MXene synthesis was adapted from a previously reported work [25]. Briefly, 12 mL of HCl and 2.4 mL of HF were added to 5.6 mL of water in a poly(tetrafluoroethylene) (PTFE) container. Then, 1.0 g of the Ti_3AlC_2 MAX phase was slowly added to the solution. The Al etching was conducted for 24 h at 35 °C. The multilayer MXene was obtained by centrifuging the mixture (3500 rpm for 5 min) repeatedly until the pH of the supernatant exceeded 6. The delamination was performed by dispersing the obtained slurry in 50 mL of LiCl solution (0.5 mol/L), stirring for 20 h. Centrifugation steps (3500 rpm for 5 min) were performed to remove the LiCl and collect the delaminated $\text{Ti}_3\text{C}_2\text{T}_x$ when the supernatant turned dark.

2.2 Pre-treatment of cotton fabric

Cotton discs (0.5 mm thick and 20 mm in diameter) were previously treated and cleaned by immersing them in 1 M NaOH (Dinâmica, Brazil) and 0.2 M Na_2CO_3 (Química Moderna, Brazil) aqueous solutions for 2 h. Then, the discs were washed with Milli-Q water to remove residues and impurities. Subsequently, the samples were immersed in alcohol 70% (Química Moderna, Brazil) for 10 min and dried in an oven at 60 °C for 10 min to remove the solvent. The overall process was repeated three times.

2.3 Impregnation of cotton fabric with $\text{Ti}_3\text{C}_2\text{T}_x$ MXene (CMX)

Cotton discs were immersed in 5 mL of a $\text{Ti}_3\text{C}_2\text{T}_x$ MXene stock dispersion (1.8 mg/mL) to uniformly

impregnate the fibrous network via bath sonication (40 kHz, 100 W) for 15 min. Then, the discs were rinsed with deionized water to remove unbound nanosheets and dried in an oven at 60 °C for 5 min. This process was repeated 10 times until a uniform, continuous MXene coating was obtained, ensuring complete adsorption and stable anchoring of the nanosheets to the textile. The resulting MXene-functionalized cotton was applied as a conductive electrode layer of the TENG. The corresponding process is schematically presented in Fig. 1a.

2.4 Production of the CMX-TENG

The fabrication process for the CMX-TENG is schematically illustrated in Fig. 1 (a-c). The device comprises two primary components: a triboelectric friction layer and an electrode layer. The friction layer was prepared using silicone rubber (Ecoflex 00–30, Smooth-On, USA). Precursor A (5 g) and precursor B (5 g) were thoroughly mixed and mechanically stirred for 10 min to ensure complete homogenization. A 30 mm segment of 400-grit sandpaper was affixed to an acrylic substrate with adhesive tape to introduce controlled surface roughness, serving as a mold. The polymer mixture was cast onto the mold and cured at ambient temperature for 24 h (Fig. 1b), yielding elastomeric films with a well-defined microtextured surface.

Finally, as depicted in Fig. 1c, the $\text{Ti}_3\text{C}_2\text{T}_x$ MXene-modified cotton electrode was sandwiched between two silicone rubber films acting as frictional counterparts. A copper wire was attached to the textile electrode as an external terminal for charge transfer and electrical measurements.

2.5 Characterization techniques

Absorption spectra in the UV–Vis region were obtained using an aqueous dispersion of the MXene and quartz cuvettes in a Shimadzu UV-1900 spectrophotometer. The FTIR analysis was carried out in a Shimadzu IRPrestige-21 Fourier transform infrared spectrometer via KBr method. The TENG output voltage was measured with a digital oscilloscope (MSO1104Z, Rigol), with the input channel connected to a 100 M Ω LF-250S probe (Minipa). The oscilloscope's input was connected to a circuit with an LMC6001 current amplifier for measuring the short-circuit current. [26] The variation in the force applied to the TENGs was performed in a Crown DBC Digital

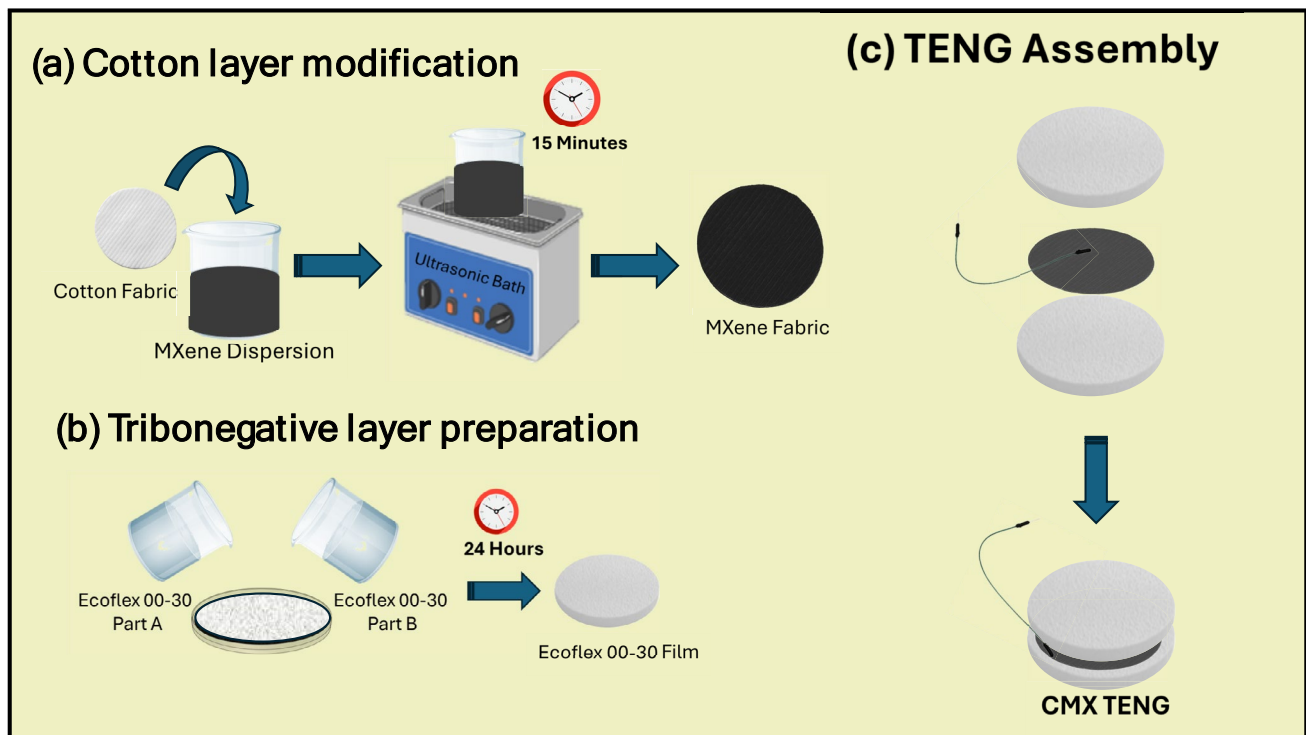


Fig. 1 Schematic representation of **a** the overall process of impregnation of cotton with $\text{Ti}_3\text{C}_2\text{T}_x$ MXene, **b** preparation of the tribonegative layer, and **c** the assembled device

Dynamometer—Oswaldo Filizola (Berman Load Cells—100 kg). The electrical response of the modified cotton textile was evaluated in an Autolab PGSTAT 302N potentiostat/galvanostat (Metrohm) with the material disposed between two parallel plates. A scanning electron microscope (Vega 3XM Tescan) was used to obtain images, with an EDX system that provided overlaid elemental maps for identification.

3 Results and discussion

The structure of the synthesized $\text{Ti}_3\text{C}_2\text{T}_x$ MXene is shown in Fig. 2a, where a typical MXene morphology with layer delamination is evident. The impregnation of textile with $\text{Ti}_3\text{C}_2\text{T}_x$ MXene results in a color change in the coated cotton (Fig. 2b), confirming the successful impregnation of the filler. The SEM image for $\text{Ti}_3\text{C}_2\text{T}_x$ MXene-impregnated cotton fibers in Fig. 2c confirms the disposition of the $\text{Ti}_3\text{C}_2\text{T}_x$ MXene on the cotton fibers, with platelet aggregates observed. EDX overlaid images, shown in Fig. 2d indicate that these are composed of a homogeneous dispersion of Ti elements, which is observed over

coated fibers, as identified by red dots. The overlaid image of the $\text{Ti}_3\text{C}_2\text{T}_x$ MXene powder and the corresponding elements map are shown in Figs. S2a and S2b, respectively.

To evaluate the properties of the filler and the impregnated material in cotton textiles, the structural and electronic characterizations of the $\text{Ti}_3\text{C}_2\text{T}_x$ MXene were performed using UV–Vis absorbance, FTIR, and current–voltage curve. The UV–Vis spectrum of an aqueous dispersion of the MXene is shown in Fig. 3a. The MXene spectrum shows a doublet peak at 264 nm and 322 nm that has been attributed to the functionalization of $\text{Ti}_3\text{C}_2\text{T}_x$ MXene by different surface groups (-F, -OH, and -O) [27, 28] and a broad peak in the near infrared region (~ 775 nm) assigned to the surface plasmon vibration in the $\text{Ti}_3\text{C}_2\text{T}_x$ MXene [29, 30]. Regarding the electrical properties of the textile impregnated with $\text{Ti}_3\text{C}_2\text{T}_x$, the ohmic current–voltage curve presented in Fig. 3b shows that a reasonable level of electrical conductivity is observed in the transverse (bulky) direction of the modified textile. A corresponding resistance of 840.3Ω was obtained with a linear response.

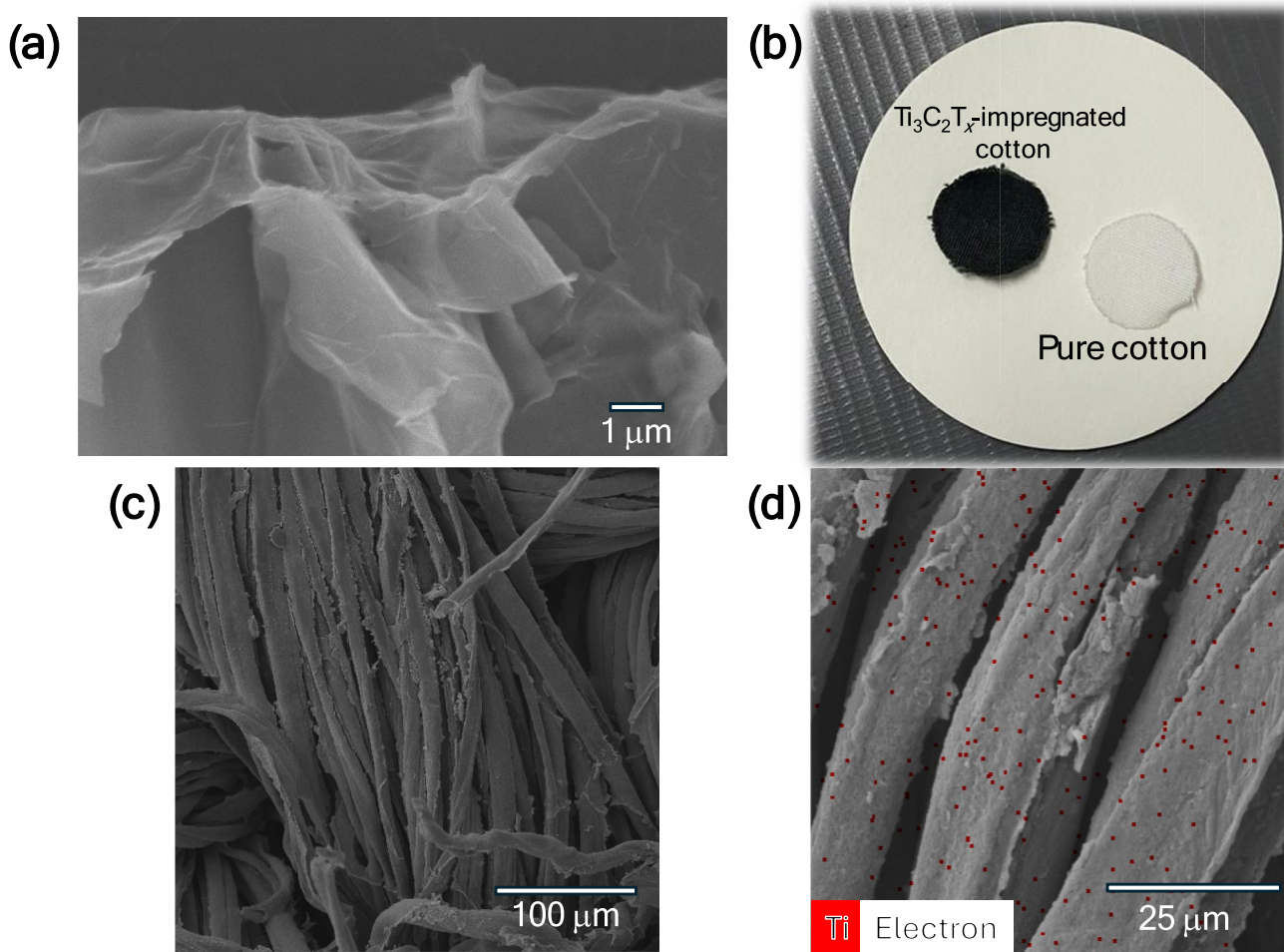


Fig. 2 **a** SEM image of $\text{Ti}_3\text{C}_2\text{T}_x$ MXene with magnification level of 10 kx, **b** photo of pristine cotton textile and impregnated cotton textile with $\text{Ti}_3\text{C}_2\text{T}_x$ MXene, **c** SEM image of cotton textile impregnated with $\text{Ti}_3\text{C}_2\text{T}_x$ MXene with magnification level of

598x, and **d** overlaid EDX image on SEM image of cotton textile impregnated with $\text{Ti}_3\text{C}_2\text{T}_x$ MXene, indicating the presence of Ti element as red dots

As reported by Parker et al. [31], two specific regions are present in the FTIR: in the $4000\text{--}1400\text{ cm}^{-1}$ range for confined water into the structure (region I) and in the $1400\text{--}400\text{ cm}^{-1}$ range (region II), in which the fingerprint of the structure is observed. From the FTIR spectrum shown in Fig. 3c, it is possible to identify peaks in region I corresponding to -OH bending vibration at 1632 cm^{-1} and -OH stretching vibration at 3440 cm^{-1} , suggesting the absorption of water within the structure [32]. In addition, characteristic peaks from the MXene structure are observed at 1097 cm^{-1} , attributed to the stretching vibration of C-F group [33] and at 645 cm^{-1} , assigned to the Ti-O stretching vibration [31, 34, 35].

X-ray diffraction (XRD) analysis was previously reported by the authors in Ref. [36] confirming the successful synthesis of $\text{Ti}_3\text{C}_2\text{T}_x$ MXene. The comparison between the diffraction patterns of the Ti_3AlC_2 MAX phase and the corresponding $\text{Ti}_3\text{C}_2\text{T}_x$ film confirmed that the Ti_3AlC_2 sample exhibits the full set of characteristic crystallographic peaks. In contrast, the MXene displays only the (001) peaks, indicating effective etching and delamination of the MAX phase, with a higher interlayer spacing in the MXene due to the shift in the (002) peak.

The electrical response of the TENG at different forces and frequencies is presented in Fig. 4. Results in Figs. 4a, 4b, and 4c correspond to the open-circuit voltage at 1 Hz (black), 3 Hz (red), and 5 Hz (blue),

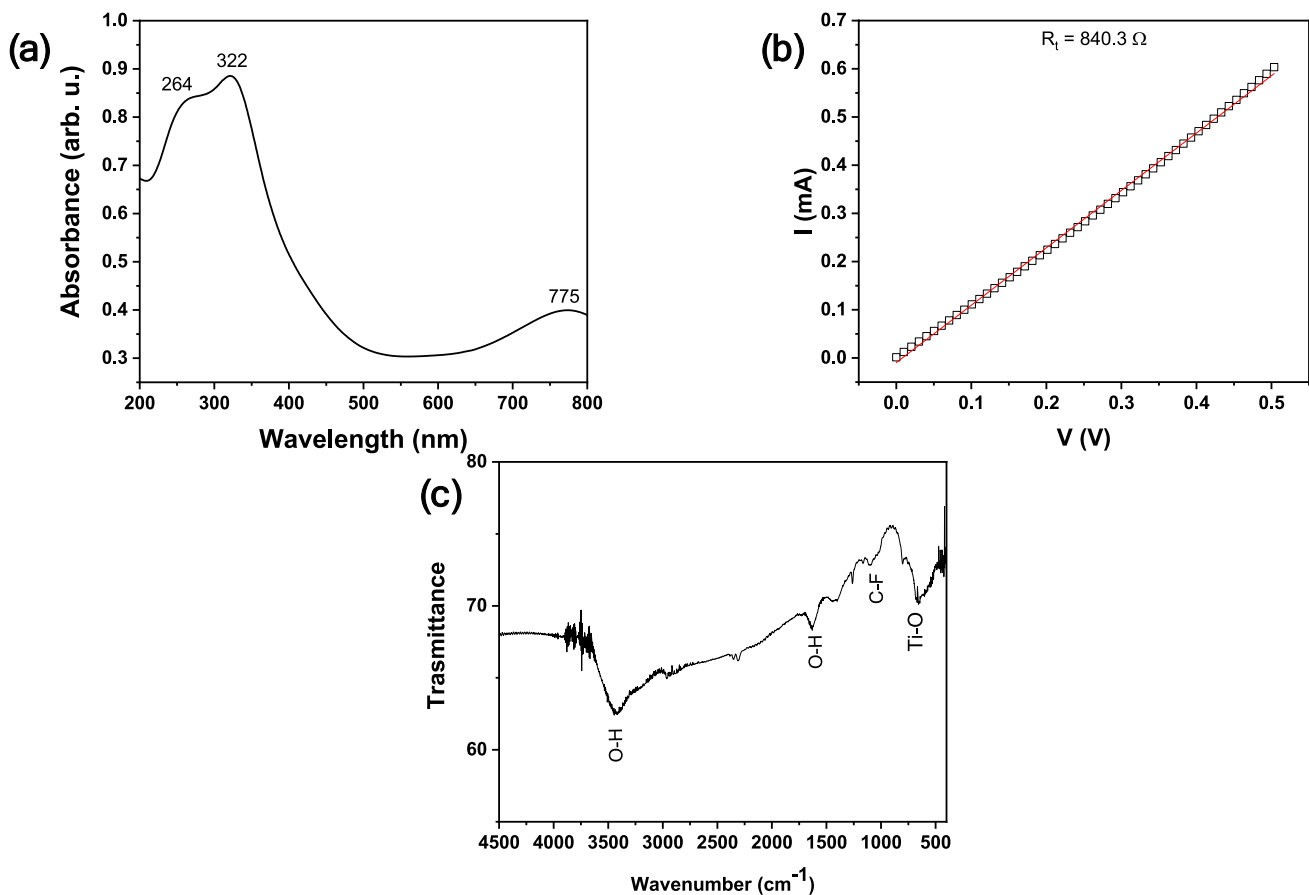


Fig. 3 **a** UV-vis spectrum of $\text{Ti}_3\text{C}_2\text{T}_x$ MXene in aqueous dispersion, **b** current-voltage curve of $\text{Ti}_3\text{C}_2\text{T}_x$ MXene impregnated in cotton textile, and **c** FTIR spectrum of $\text{Ti}_3\text{C}_2\text{T}_x$ MXene powder

respectively, acquired at contact forces of 0.5 N, 1.5 N, and 2.0 N, respectively. Corresponding short-circuit current values are shown for the device at imposed contact forces of 0.5 N (Fig. 4d), 1.5 N (Fig. 4e), and 2.0 N (Fig. 4f).

As observed in the curves for current and voltage of TENGs under different applied forces and operating frequencies, higher positive values than negative ones are typically obtained. Such behavior has been attributed to the sticking effect [37], which describes the asymmetry in the vertical contact/separation process and results in distinct charge transfer during the ascending/descending forces stages.

Another critical aspect of the results is the direct dependence of voltage and current on frequency and force. The literature also reports that increased charge transfer is associated with a higher operating frequency [15, 38] and a higher rate of charge accumulation at interfaces. In addition, the current (see Eq. S11) varies directly with the velocity ($v(t)$), which

is proportional to the operating frequency. In terms of force, the positive relationship between electrical output and increasing force results from the greater deformation of tribolayers at higher force, which optimizes charge transfer between the parts.

In addition to measuring the device's electrical response under open-circuit and short-circuit conditions, determining the current and voltage at varying load resistances is a critical characterization for evaluating TENG performance. The results presented in Fig. 5a confirm the general behavior: a decrease in output current with increasing load resistance. At the same time, the voltage increases with increasing load resistance (reducing the transferred charge and increasing the induced charges on the electrode). The opposite variation profile of current and voltage results in a normal distribution of power density, with a maximum at $42.29 \mu\text{W}/\text{cm}^2$ at an intermediate load resistance (due to the crossover of the current and voltage curves *vs.* load resistance), characterizing the

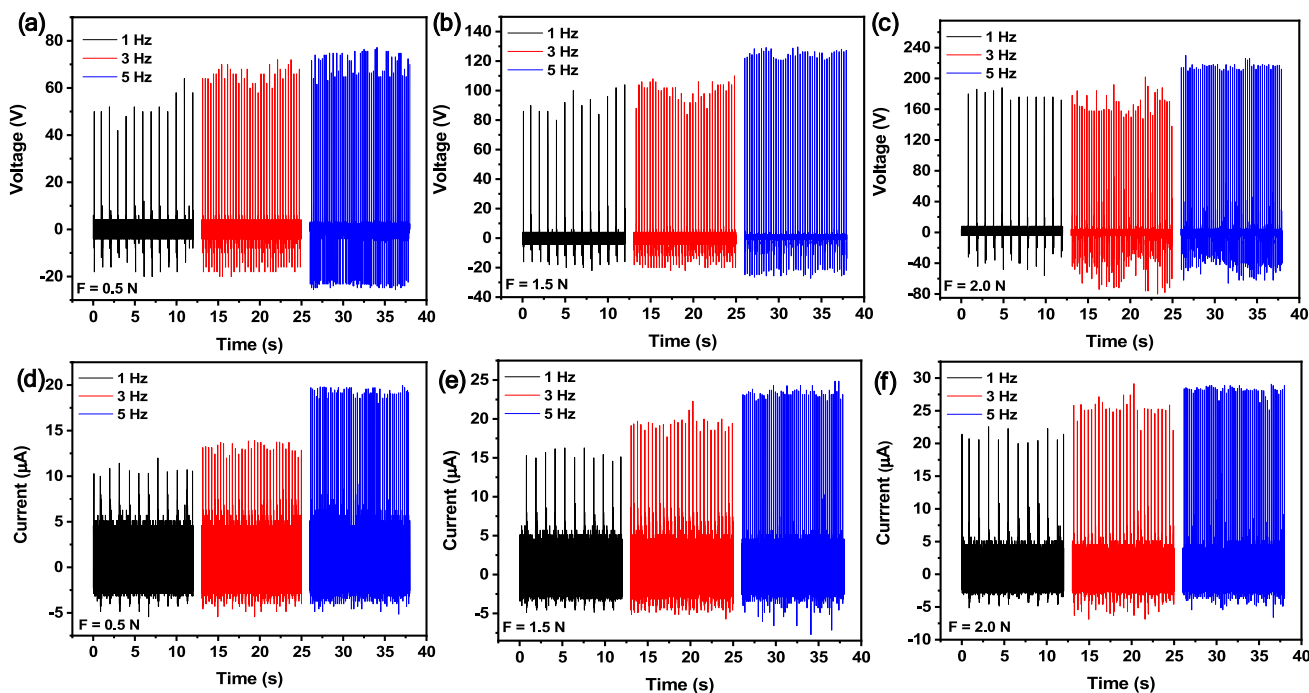


Fig. 4 Open circuit voltage for $\text{Ti}_3\text{C}_2\text{T}_x$ MXene-modified textile electrode acquired at contacting force of 0.5 N (a), 1.5 N (b), and 2 N (c) and short circuit current acquired at contacting force of

0.5 N (d), 1.5 N (e), and 2 N (f). For all curves, the color scheme indicates the operating frequency: black curves were acquired at 1 Hz, red at 3 Hz, and blue at 5 Hz

best experimental condition for the device's operation (Fig. 5b).

The TENG's transferred charge capability was evaluated by connecting it to a full-bridge rectifier and conventional capacitors of 1 μF , 4.7 μF , and 10 μF . As shown in Fig. 5c, a higher value of slope in the voltage–time curve is observed for capacitors with lower capacitance, due to a fixed amount of transferred charge and the inverse relationship with capacitance ($V = \frac{Q}{C}$) i.e., higher capacitance with the same charge transfer rate results in a lower voltage at the capacitor terminals. Another critical aspect to consider is the retention of device performance, measured by the open-circuit voltage during repeated cycles of vertical contact-separation. As shown in Fig. 5d, negligible degradation in the response of the TENG is obtained at continuous TENG operation (3,000 cycles of operation).

The operating principle of the device's energy generation mechanism is summarized in the cyclic process depicted in Figs. 6a–d. Considering the tribo-positive skin and the tribonegative Ecoflex layer as a pair, the first step of electrification is obtained under contact between the parts, and the voltage is zero

(see first image in Fig. 6e). Then, under the releasing force of charged surfaces, the potential difference increases, inducing the accumulation of opposite charges on the electrode. This process continues until the finger reaches its maximum distance from the Ecoflex layer, corresponding to the maximum distance of the finger and the Ecoflex layer (see the sequence of increasing distances in Fig. 6e—from left to right). In the reverse motion, pressing the layers again, there is a reduction in the voltage and the charge flux in the reverse direction is established, reaching the short circuit condition ($V = 0$ V) when full contact is achieved.

A comparison with corresponding devices that explore the skin as a tribo-positive layer or MXene in the composition of overall TENGs is summarized in Table 1, where device performance is detailed in terms of open-circuit voltage, short-circuit current, and power output. As can be seen, the performance of the reported TENG is competitive in comparison with the devices by the direct comparison of the voltage, current and power density, characterizing this device as a promising template for several applications.

Standard applications for the resulting device include powering small electronics (e.g., LEDs) and

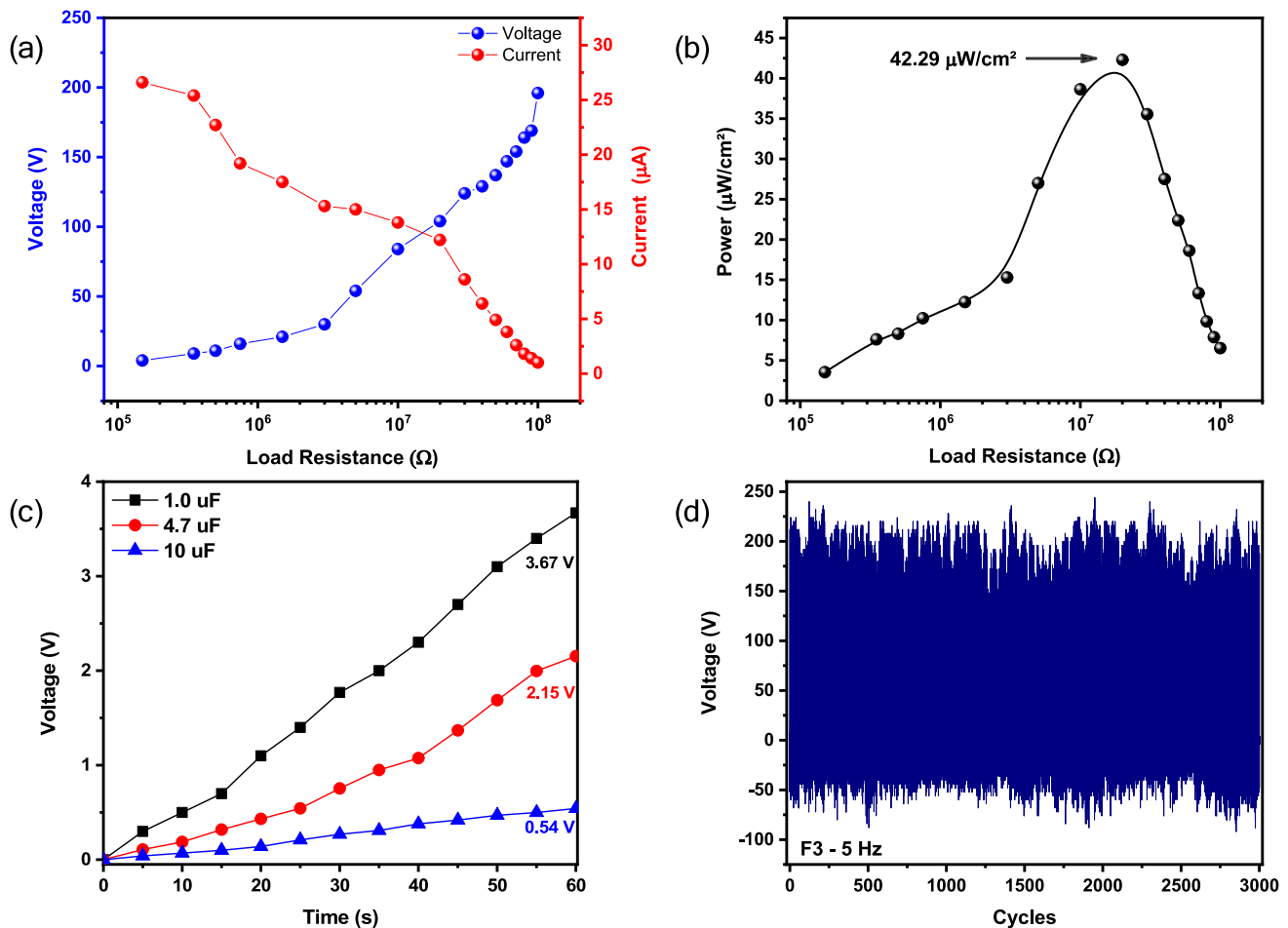


Fig. 5 **a** Voltage and current output of the TENG device at varying load resistance, **b** power density as a function of the load resistance, **c** voltage between terminals of the conventional

capacitors as a function of time of operation, and **d** open circuit voltage of the TENG generated by continuous operation process (3,000x)

serving as a prototype for tactile sensors. As a proof-of-concept, a circuit was developed (schematically illustrated in Fig. 7) to recognize a two-level response (yes/no) from the simple contact of a finger and the assembled TENG.

As shown, two TENGs were placed side by side, with their output voltages rectified by independent full-bridge rectifiers and connected in parallel to the analog input of a microcontroller (channel A₀ for YES and channel A₁ for NO). The identification of a peak in a specific channel activates a particular message in the speaker (YES or NO in the present application). Video S1 summarizes the overall process of using the implemented circuit. This prototype is of interest for its potential to improve communication with patients in a hospital, enabling communication through a simple touch of a modified textile (which can be incorporated

into the patient's clothes). In addition, to illustrate the device's operation by lighting an LED, a video (see video S2) is provided showing the TENG output connected to a full-bridge rectifier in parallel with a 1 μF capacitor, with a switch between the rectifier's terminals and an LED. After a few TENG operations, the energy is stored in the capacitor and then transferred to the LED when the switch is pressed.

4 Conclusion

The impregnation of Ti₃C₂T_x MXene into cotton textiles is achieved through a straightforward approach to impart electrical conductivity to intrinsically insulating cotton fibers. The resulting conductive fabric was used in a single-electrode TENG configuration, in

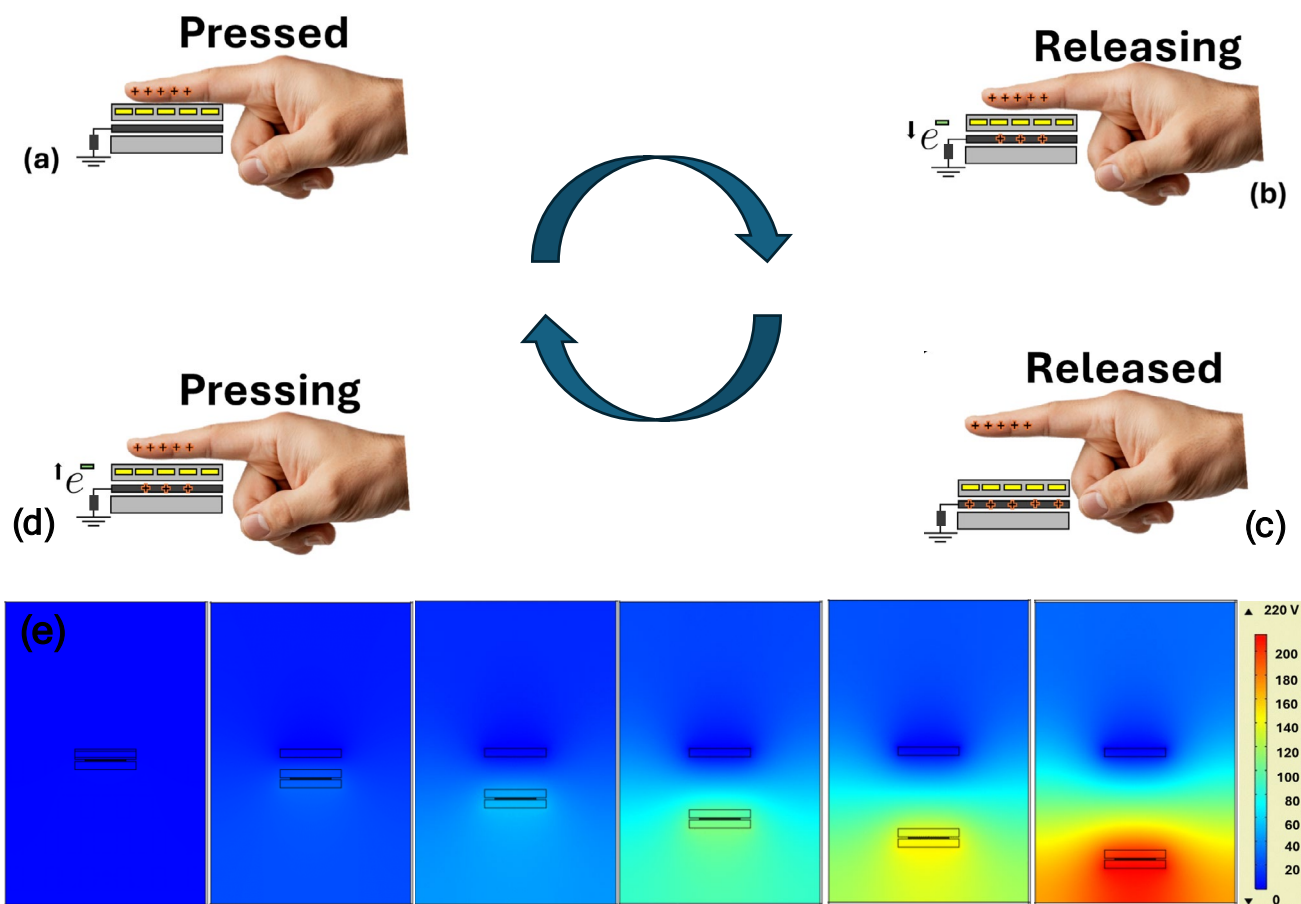


Fig. 6 General mechanism of TENG operation in a complete cycle of vertical contact separation process: **a** contact between parts under pressure, **b** releasing of parts with increasing distance **c** final step of release (maximum distance between the layers), **d** pressing step with the reduction of distance between pairs, and **e**

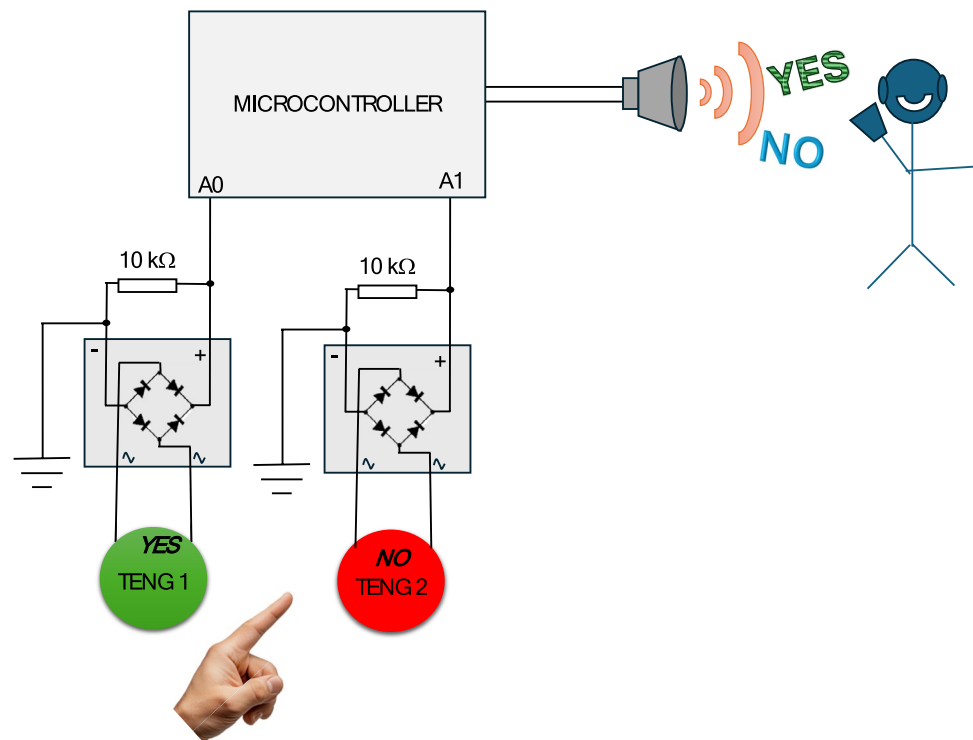
simulated output voltage with the progressive separation of tribopairs carried out considering the experimental limiting voltage values and theoretical values for constants of materials summarized in Table S1

Table 1 Comparison of electrical performance of the reported TENG and corresponding experimental systems reported in the literature (PVA: Polyvinyl alcohol; PEDOT: PSS—poly (3,

4-ethylenedioxythiophene) polystyrene sulfonate; PTFE: Polytetrafluoroethylene; PDMS: Polydimethylsiloxane; WPU: Polyurethane; CNF: Cellulose nanofiber)

Electrode layer	Tribopositive pair	Tribonegative pair	V_{oc} (V)	I_{sc} (μA)	Power density (mW/m^2)	Ref
MXene/PVA hydrogel	Kapton	Silicone rubber	230.0	0.2	330	[39]
MXene/PEDOT:PSS film	MXene/PEDOT:PSS film	PTFE	17.0	0.3	–	[40]
Al foil	Nylon	MXene/PDMS	45.0	0.6	–	[41]
MXene / AgNWs / MXene / Polyurethane	Skin	PDMS	38.0	0.4	7.22	[42]
AgMPs / MXene	WPU	Silicone rubber	114.7	0.8	186.8	[43]
MXene / CNF	Skin	Silicone rubber	400.0	0.7	40.0	[20]
MXene fabric	Skin	Silicone rubber	220.5	28.3	422.9	This work

Fig. 7 General scheme of a circuit composed of two TENGs integrated into a two-level system, with the output connected to a microcontroller that identifies the response and provides sound feedback through a speaker



which the finger contact with the Ecoflex-encapsulated electrode generates an open-circuit voltage of 220 V. This performance enables effective energy harvesting for powering small electronic devices and allows its application as a tactile sensor. Furthermore, a prototype touch sensor integrated into an electronic system is proposed for sound-based communication via simple finger contact with a surface, providing an effective means of patient interaction in hospital environments. The findings underscore the role of $Ti_3C_2T_x$ MXene in enhancing textile-based electrodes and open new avenues for developing multifunctional, skin-compatible energy systems tailored for next-generation wearable electronics.

Acknowledgements

This work was financed in part by the Coordenação de Aperfeiçoamento de Pessoal de Nível Superior (CAPES) –Finance Code 001, CNPq (303997/2021-4, 173177/2024-7, 409215/2022-8, 309614/2021-0 and 302178/2025-2), FINEP, FAPESP (2024/13749-4, 2024/02239-5, 2021/11965-3, 2017/50334-3) and FACEPE. The authors thank the National Institutes of Science and Technology (INCTs), INCT

Polysaccharides (Grant: 406973/2022-9), INCT Circularity Polymer Materials (Grant: 406925/2022-4), and INCT-INFO (National Institute of Photonics).

Authors contribution

I.C.M.C. and H.P.O. wrote the main manuscript text, I.C.M.C. prepared figures. All authors discussed the results and reviewed the manuscript.

Funding

The Article Processing Charge (APC) for the publication of this research was funded by the Coordenação de Aperfeiçoamento de Pessoal de Nível Superior - Brasil (CAPES) (ROR identifier: 00x0ma614). Brazilian Funding Agencies CNPq, FINEP, FACEPE, FAPESP, CAPES, and National Institutes of Science and Technology (INCTs).

Data availability

Data will be made available on reasonable request.

Declarations

Conflict of interest On behalf of all authors, the corresponding author states that there is no conflict of interest

Supplementary Information The online version contains supplementary material available at <https://doi.org/10.1007/s10854-026-16790-3>.

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