

## Crust Composition and the Shallow Heat Source in KS 1731–260

R. Jain<sup>1,\*</sup>, E. F. Brown<sup>1,2,3,4</sup>, H. Schatz<sup>1,2,3</sup>, A. V. Afanasjev<sup>1,5</sup>, M. Beard<sup>6,†</sup>, L. R. Gasques<sup>1,6</sup>, J. Grace<sup>3,4</sup>, A. Heger<sup>1,8</sup>, G. W. Hett<sup>1,9</sup>, W. R. Hix<sup>1,10,11</sup>, R. Lau<sup>1,12</sup>, W.-J. Ong<sup>1</sup>, M. Wiescher<sup>1,6</sup>, and Y. Xu<sup>1,13</sup>

<sup>1</sup>*Nuclear and Chemical Sciences Division, Lawrence Livermore National Laboratory, Livermore, California 94551, USA*

<sup>2</sup>*Facility for Rare Isotope Beams, Michigan State University, East Lansing, Michigan 48824 USA*

<sup>3</sup>*Department of Physics and Astronomy, Michigan State University, East Lansing, Michigan 48824 USA*

<sup>4</sup>*Department of Computational Mathematics, Science and Engineering, Michigan State University, East Lansing, Michigan 48824 USA*

<sup>5</sup>*Department of Physics and Astronomy, Mississippi State University, Mississippi State, Mississippi 39762, USA*

<sup>6</sup>*Department of Physics, University of Notre Dame, Notre Dame, Indiana 46556, USA*

<sup>7</sup>*Universidade de São Paulo, Instituto de Física, Rua do Matao, 1371, 05508-090, São Paulo, São Paulo, Brazil*

<sup>8</sup>*School of Physics and Astronomy, Monash University, Victoria 3800, Victoria, Australia*

<sup>9</sup>*Department of Physics and Engineering Science, Coastal Carolina University, P.O. Box 261954, Conway, South Carolina 29528, USA*

<sup>10</sup>*Physics Division, Oak Ridge National Laboratory, P.O. Box 2008, Oak Ridge, Tennessee 37831-6354, USA*

<sup>11</sup>*Department of Physics and Astronomy, University of Tennessee Knoxville, Knoxville, Tennessee 37996-1200, USA*

<sup>12</sup>*HKU SPACE, PO LEUNG KUK, Stanely Ho Community College, Hong Kong*

<sup>13</sup>*Extreme Light Infrastructure—Nuclear Physics (ELI-NP), Horia Hulubei National Institute for R and D in Physics and Nuclear Engineering (IFIN-HH), 30 Reactorului Street, 077125 Magurele, Romania*



(Received 3 April 2025; accepted 18 September 2025; published 14 October 2025)

The presence of a strong shallow heat source of unknown origin in accreting neutron star crusts has been inferred by analyzing x-ray observations of their cooling in quiescence. We model the cooling of KS 1731–260 using realistic crust compositions and nuclear heating and cooling sources from detailed nuclear reaction network calculations. We find that the required strength of the shallow heat source in KS 1731–260 is reduced by more than a factor of 3 compared to previous analysis, a  $5\sigma$  difference that alleviates the need for exotic solutions. Our analysis also suggests the existence of an impure nuclear pasta layer in the inner crust of KS 1731–260, though future observations will provide more stringent constraints. In addition, we obtain constraints on the dominant surface burning modes of KS 1731–260 over its history.

DOI: 10.1103/jwc8-xfhv

Neutron stars in binary systems can accrete matter from their companion star [1]. Quasipersistent transiently accreting neutron star systems are a subset of soft x-ray transients that are characterized by extended alternating periods of accretion and quiescence that can last years to decades [2,3]. They are bright x-ray sources during an accretion outburst with luminosities of  $10^{36-39}$  ergs. During quiescence, this luminosity drops by many orders of magnitude, revealing the thermal emission of the neutron star crust. X-ray observations during extended periods of quiescence indicate a decrease in luminosity over a timescale of months. This is interpreted as cooling of the neutron star crust that was heated during earlier accretion outbursts [3]. The cooling rate depends on the distribution of heat sources, cooling mechanisms, and the thermal transport properties of the crust, and thus carries information about its structure and composition. Comparison of models of neutron star crust cooling with x-ray observations have led to many new insights, such as the well-ordered lattice

structure of the outer crust [4–6], the presence of neutron superfluidity in the inner crust [5,6], and the possible existence of nuclear pasta at the crust–core transition [7,8].

During accretion, the neutron star crust is heated by nuclear reactions that are induced by the steadily increasing density of matter throughout the crust and include electron captures, neutron captures, neutron transfer reactions,  $\beta$  decays, and pycnonuclear fusion reactions [9–13]. However, to match the x-ray observational data at early cooling times in most sources, models have to include an additional, relatively shallow heat source of unknown origin [6,14–17]. Additional evidence for a hotter-than-expected crust during accretion comes from observations of superbursts, thermonuclear explosions of an accumulated layer of carbon [18]. Reconciling observed superburst recurrence times of the order of years and inferred ignition depths with models requires an additional shallow heat source of similar magnitude that facilitates superburst ignition [19].

Many theories for the origin of this extra heating have been proposed—for example, viscous heating caused by accretion induced shear [20], convective mixing [21], nuclear fusion of light neutron-rich elements [22], electron captures in the crust [23,24], pion-induced heating [25],

\*Contact author: jain15@llnl.gov

†Deceased.

gravity-wave transport of angular momentum [26], or hyperbursts powered by explosive burning of an O-Ne mixture [27]. The strength and location of the additional unknown shallow heating can be constrained by matching models with the observed cooling of accreting neutron stars in quiescence. The inferred heating varies from a few MeV per accreted nucleon (MeV/u) for most transient systems to more than 10 MeV/u for MAXI J0556-332 [27,28]. Limited data from multiple observed outbursts of the same source indicate that in some systems, such as MXB 1659-29, the shallow heating per accreted nucleon remains the same [29], whereas in other systems, such as Aquila X-1, it varies from outburst to outburst [30]. All these inferences about shallow heating depend on accurate modeling of the thermal conductivity, which, in the crust, is largely determined by impurity scattering of electrons and is characterized by the impurity parameter  $Q_{\text{imp}}$  [6,31]. The impurity parameter is defined as  $Q_{\text{imp}} = \sum_i Y_i (Z_i - \langle Z \rangle) / \sum_i Y_i$  with isotopic abundances  $Y_i$ , element number  $Z_i$ , and average element number  $\langle Z \rangle$ .

Cooling curve fits for quasipersistent transients typically require  $Q_{\text{imp}} < 10$  [6,32], with models either implementing an average  $Q_{\text{imp}}$  for the entire crust or separate average parameters for outer and inner crusts. Models, however, predict considerable variations of  $Q_{\text{imp}}$  as a function of depth [10]. Hydrogen and helium burning on the neutron star surface, either in form of Type I x-ray bursts, or as stable burning, produce a broad range of elements up to  $Z \approx 50$  [33,34] resulting in a  $Q_{\text{imp}}$  of up to 100 in the surface layers. Lau *et al.* [10] used a nuclear reaction network to track the evolution of  $Q_{\text{imp}}$  as a function of depth as nuclear reactions modify the composition and heat the crust. While they found a gradual decrease of  $Q_{\text{imp}}$  with depth, significant impurities are expected to persist in much of the outer crust, depending on the initial composition created by thermonuclear burning on the surface. Here, we implement the detailed  $Q_{\text{imp}}$  profiles and associated nuclear energy generation profiles for the outer crust obtained with the nuclear reaction network described in [10] into a crust cooling code and show that this affects the constraints of system parameters such as the properties of additional shallow heating significantly. We also reexamine the possible role of a high impurity nuclear pasta layer at the bottom of the inner crust [7,8].

We apply our updated model to the quasipersistent transient system KS 1731–260, which entered quiescence in early 2001 [35] after a  $\sim 12.5$  yr outburst phase [36]. Since then, a number of observations with *Chandra* and *XMM-Newton* [4,32,35,37,38] have tracked the cooling of KS 1731–260. The data indicate that around 3000 days into quiescence the x-ray luminosity leveled out, which has been interpreted as the crust having cooled to the temperature of the core. The previous model fits to the cooling light curve of KS 1731–260 have obtained a shallow heat source with a strength of  $1.36 \pm 0.18$  MeV/u, a core

temperature of  $9.35 \pm 0.25 \times 10^7$  K, and an average  $Q_{\text{imp}}$  for the crust of  $4.4_{-0.5}^{+2.2}$  [32].

The starting point for a calculation of the crust nuclear reactions is the composition of the ashes from thermonuclear burning during the accretion outburst. In principle, x-ray observations during the outburst phase can constrain this. KS 1731–260, however, exhibits a wide range of burning behaviors. As the complete burning history over the roughly 10 000 yr of outburst that define the composition of the current crust is not known, it is unclear which of these burning modes have produced the bulk of the current crust. We perform our analysis with a range of realistic ash compositions that represent the various observed modes of thermonuclear burning. A total of 366 thermonuclear x-ray bursts have been detected from KS 1731–260 with various instruments [39]. These bursts include short bursts with timescales of seconds during phases of high accretion (“banana branch”) that indicate flashes of He burning. This burning regime has  $\alpha \sim 200$ –690, where  $\alpha$  is the ratio of energy released in x-rays during fuel accretion to energy released in bursts. This indicates the presence of significant concurrent stable nuclear burning. During the phases of low accretion rate (“island state”), longer x-ray bursts with durations of 30 s are observed, indicating mixed hydrogen and helium burning via the  $\alpha$ -p and rapid proton (rp) capture processes. A superburst, thought to be powered by explosive burning of an accumulated carbon layer, has also been observed from KS 1731–260 [18]. Each of these burning modes produces a distinct abundance distribution (Fig. 1). We use

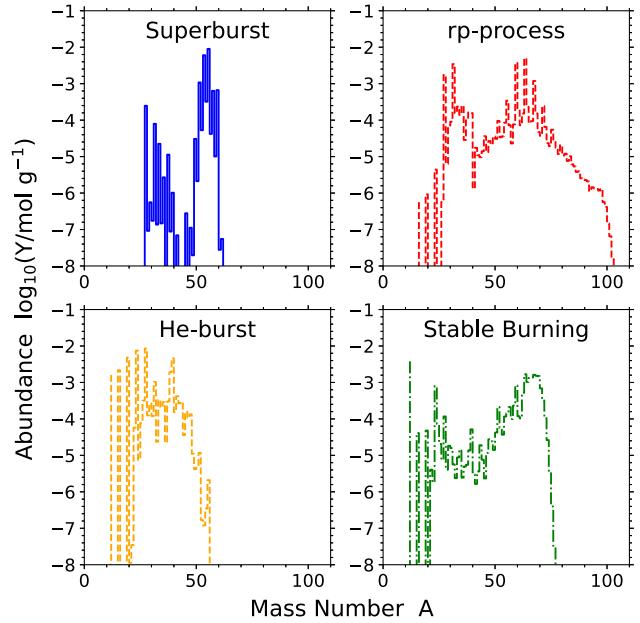


FIG. 1. The abundances as a function of mass number for the ashes of superbursts (blue) [34], mixed H/He bursts undergoing rp process (red) [41], He powered x-ray bursts (orange) [33], and stable nuclear burning (green) [42].

the results from KEPLER [40] for the ashes of He powered x-ray bursts [33] (accretion rates of  $3.5 \times 10^{-10} M_{\odot} \text{ yr}^{-1}$  with solar metallicity), mixed H/He bursts (rp process) [41] and superbursts [34]. For stable burning we adopt the steady state burning results from Schatz *et al.* [42] for an accretion rate of  $10^{-8} M_{\odot} \text{ yr}^{-1}$ . For comparison with previous work we also perform calculations assuming thermonuclear burning produces pure  $^{56}\text{Fe}$ .

For each initial composition at the top of the crust, we calculate as a function of depth the composition,  $Q_{\text{imp}}$ , nuclear heating, and neutrino cooling via crust Urca cooling [43,44] using the nuclear reaction network XNet [45]. XNet includes a comprehensive set of nuclear reactions such as electron captures,  $\beta^-$  decays, neutron capture and emission, neutron transfer, and nuclear fusion (see Refs. [10,11,46] for details).

The top panel in Fig. 2 shows the resulting impurity parameter profiles for the different initial compositions considered in this Letter. The crusts composed of stable burning ashes have the highest impurity, followed by rp-process ashes and then by He-burst ashes. The crusts composed of pure  $^{56}\text{Fe}$  or superburst ashes are the most pure. There is a significant increase in impurity at depths

of about  $\log(P) \sim 30.6\text{--}30.8$  for these compositions. This is attributed to the onset of superthreshold electron-capture cascades and superthreshold-electron-capture-pycnonuclear fusion cycles as discussed in Lau *et al.* [10]. The bottom panel in Fig. 2 shows the resulting nuclear heating profiles in the crust. All crust compositions lead to a similar heating profiles with the exception of He-burst ashes. Since He-bursts are characterized by incomplete burning of nuclear matter on the surface, their ashes carry less binding energy per nucleon on average and hence deposit more energy in the crust.

The nuclear reaction network outputs are then implemented into the neutron star thermal transport code dStar [47]. dStar is a flexible, modular software package for calculations of the thermal evolution of the neutron star crust during accretion outbursts and subsequent quiescence that takes into account a variety of heat sources and cooling mechanisms.  $Q_{\text{imp}}$  and nuclear heating profiles are directly taken from the network calculations, while Urca cooling layers are implemented as temperature dependent, neutrino cooling layers, with the strength and location obtained from the nuclear network calculations.

Nuclear theory predictions indicate the possibility of a nuclear pasta layer in the deepest layers of the inner crust with nucleonic densities greater than 0.05 nucleons/fm $^3$  [48,49]. Molecular dynamics simulations predict significant impurities in the pasta layer resulting in a relatively high  $Q_{\text{imp}} = 40$ , which has been shown to significantly affect models predicting the cooling of KS 1731–260 and other systems [7,8]. We therefore carry out calculations with and without such a pasta layer located at a pressure beyond  $3.5 \times 10^{32} \text{ dyn cm}^{-2}$ , corresponding to nuclear pasta density of  $9 \times 10^{13} \text{ g cm}^{-3}$ .

Our model of KS 1731–260 accretes at a constant rate of  $10^{17} \text{ g s}^{-1}$  [50] for 4383 days before transitioning into quiescence. The system is allowed to evolve over time and the redshifted effective surface temperature ( $T_{\text{eff}}^{\infty}$ ) is tracked at regular intervals to get the modeled cooling curves. Technical details on the modeling of KS 1731–260 can be found in Supplemental Material [51] (see also Refs. [52–62] therein).

The model results are compared to quiescent x-ray observations of KS 1731–260 with *Chandra* and *XMM-Newton* satellites carried out over the years [4,32,35,37,38]. As pointed out in previous work, the calculations based on known nuclear heating sources are unable to reproduce the observations at early cooling times (Fig. 3). Consequently, an artificial shallow heat source was implemented in dStar with its strength  $Q_{\text{sh}}$  and location at pressure  $P_{\text{sh}}$  being free parameters. The core temperature  $T_{\text{core}}$  is also chosen to be a free parameter that acts as a boundary condition for heat transfer. The three free parameters  $Q_{\text{sh}}$ ,  $P_{\text{sh}}$ , and  $T_{\text{core}}$  are then determined from the observational data using Bayesian inference. We start with wide uniform priors for all three parameters and consider Gaussian likelihoods.

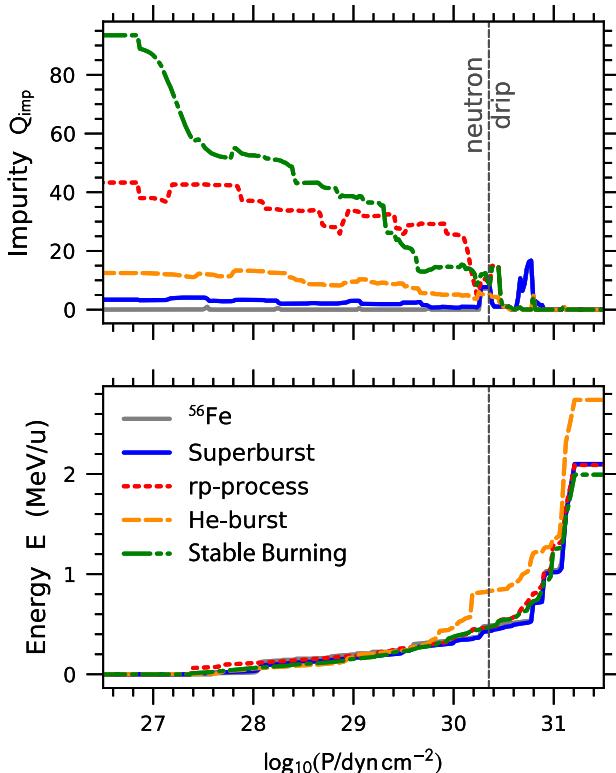


FIG. 2. The upper panel shows the impurity parameter profile and the lower panel shows the nuclear heating profile in the neutron star crust. Nuclear heating is plotted as the total integrated energy deposited up to the given depth. Different curves correspond to different crust compositions considered in this Letter.

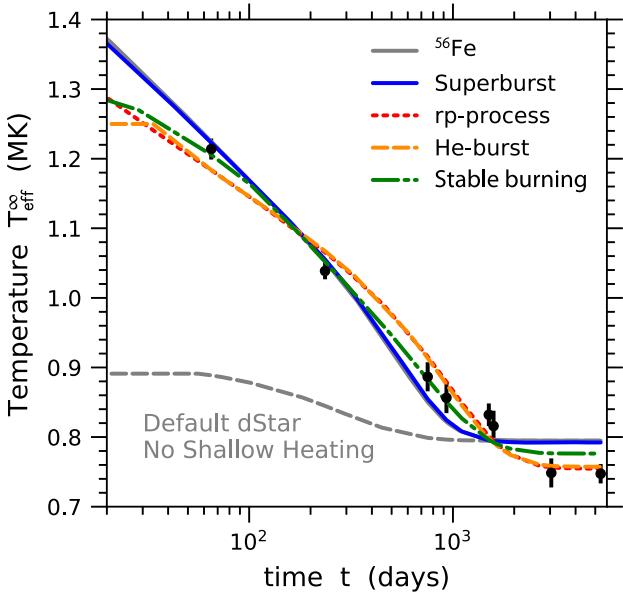


FIG. 3. The best-fit cooling curves for KS 1731–260 for different outer crust compositions without a nuclear pasta layer. The best-fit values for the shallow heating parameters are listed in Table I.

Posterior distributions are sampled using MCMC sampling. The median of the distributions is chosen to be the best-fit value and asymmetric errors are quoted at the 68% credibility intervals (16th and 84th percentile). Figures 3 and 4 show the best-fit cooling curves for different crust compositions of KS 1731–260 without and with a nuclear pasta layer in the inner crust, respectively. Table I lists the corresponding best-fit values for the shallow heating parameters. One finds that different crust compositions require very different levels of shallow heating to fit the same observational data; crusts composed of  $^{56}\text{Fe}$  or superburst ashes require more than 3 times the shallow

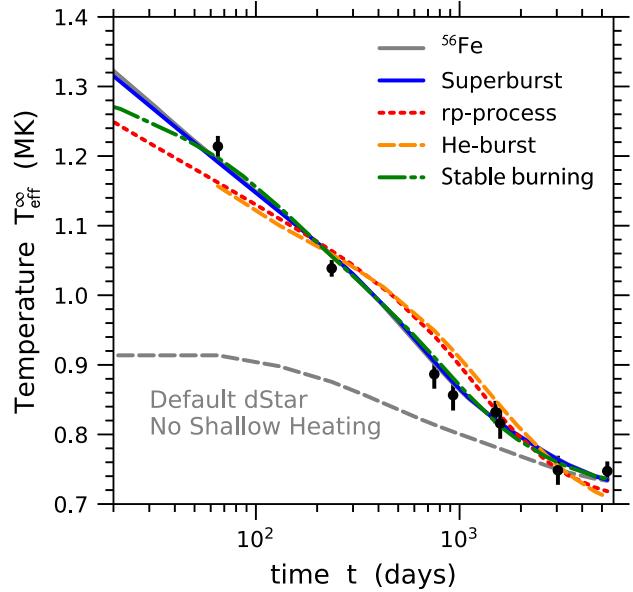


FIG. 4. The same as in Fig. 3 but for crust compositions that include a nuclear pasta layer at the crust–core transition.

heating than crusts composed of stable burning ashes. In contrast, shallow heating depth and core temperature are relatively robust and do not depend strongly on the composition of the outer crust.

We find significant differences in the fit quality and the best fit  $Q_{\text{sh}}$  for different composition and heating profiles in the outer crust. This highlights the importance of the nuclear reactions during thermonuclear burning on the surface, and the importance of tracking the detailed composition in the outer crust. In principle, this can be used to constrain the outer crust composition and thus to define the dominant thermonuclear burning mode of the system. However, the conclusions depend significantly on whether a nuclear pasta layer is included or not. Without a

TABLE I. Best-fit parameters for the shallow heat source in KS 1731–260 from crust cooling observations in quiescence for different outer crust compositions. They are reported for models with and without a nuclear pasta layer at the crust–core transition.

Nuclear pasta layer	Crust composition	Strength $Q_{\text{sh}}$ (MeV/u)	Depth $\log_{10}(P_{\text{sh}}/\text{dyn cm}^{-2})$	Core temperature ( $T_{\text{core}}/10^7$ K)	Reduced- $\chi^2$ (8 – 3 = 5) d.o.f.
No	$^{56}\text{Fe}$ ashes	$1.60^{+0.12}_{-0.10}$	$27.2^{+0.8}_{-0.8}$	$7.02^{+0.14}_{-0.14}$	5.84
	Superburst ashes	$1.52^{+0.11}_{-0.10}$	$27.1^{+0.9}_{-0.8}$	$6.98^{+0.14}_{-0.13}$	5.47
	Rp-process ashes	$0.61^{+0.05}_{-0.05}$	$26.6^{+0.6}_{-0.4}$	$6.55^{+0.15}_{-0.15}$	3.37
	He-burst ashes	$0.82^{+0.06}_{-0.06}$	$26.7^{+0.5}_{-0.4}$	$6.40^{+0.15}_{-0.14}$	3.66
	Stable burning ashes	$0.45^{+0.04}_{-0.03}$	$26.9^{+0.5}_{-0.6}$	$7.09^{+0.26}_{-0.17}$	2.75
Yes	$^{56}\text{Fe}$ ashes	$1.23^{+0.09}_{-0.08}$	$26.7^{+0.7}_{-0.5}$	$5.77^{+0.16}_{-0.16}$	1.39
	Superburst ashes	$1.17^{+0.09}_{-0.08}$	$26.7^{+0.7}_{-0.5}$	$5.77^{+0.17}_{-0.17}$	1.63
	Rp-process ashes	$0.46^{+0.04}_{-0.04}$	$26.6^{+0.6}_{-0.4}$	$5.73^{+0.18}_{-0.17}$	6.75
	He-burst ashes	$0.52^{+0.05}_{-0.04}$	$26.7^{+0.1}_{-0.1}$	$5.31^{+0.16}_{-0.17}$	8.89
	Stable burning ashes	$0.38^{+0.03}_{-0.03}$	$26.7^{+0.4}_{-0.4}$	$6.19^{+0.17}_{-0.17}$	1.52

nuclear pasta layer, stable burning ashes are preferred while relatively pure superburst and pure  $^{56}\text{Fe}$  ashes are significantly disfavored. This suggests that stable burning in the high accretion rate state is the dominant thermonuclear surface burning mode of KS 1731–260. This burning mode does produce significant amounts of carbon and is one of the most promising pathways to explain the existence of superbursts since unstable H and He burning tends to produce only negligible amounts of carbon. The disfavoring of superburst ashes would then imply that the conditions are such that the carbon produced in stable burning is itself burned mostly stably, with superbursts being a rare occurrence over the lifetime of the system. However, when a nuclear pasta layer is included, the picture changes. While stable burning ashes still provide a very good fit, the fit quality with a high purity composition such as superburst ashes or  $^{56}\text{Fe}$  is similar. As a consequence, high accretion rate stable burning is again preferred (by producing an outer crust composition that fits observations, or by producing the fuel for superbursts, which in turn produce an acceptable outer crust composition), but there would be no constraint on the frequency of superbursts and the fraction of stable burning ashes they process.

An outer crust composed of stable burning ashes results in an excellent fit of the observational data with a shallow heating strength of just 0.38 or 0.45 MeV/u, with and without pasta layer, respectively. These values are considerably lower compared to previous work, e.g., the inferred  $1.36 \pm 0.18$  MeV/u in the analysis of Merritt *et al.* [32] using a uniform, low  $Q_{\text{imp}}$  and standard heating profiles. The high impurity in the outer crust slows down the cooling and therefore the crust need not be as hot at the beginning of quiescence to fit the first observation. This new, much lower inferred value for the strength of shallow heating is comparable to the uncertainties in nuclear heating [24], alleviating the need for more exotic solutions to the shallow heating problem, though the location of heat deposition has to be considered as well. The low shallow heating does lead to distinct cooling profiles prior to the first data point of KS 1731–260 65 days after the onset of quiescence, highlighting the importance of early observations to constrain shallow heating and, according to our new calculations, also the composition of the outer crust.

Overall we find significantly better fits of the observational data with the models that include a nuclear pasta layer. This confirms the result of Deibel *et al.* [8] that was based on a simplified outer crust composition. However, it contradicts previous work that found cooling curves could be fit equally well with and without pasta [7,32]. Inclusion of the pasta layer brings an important change in the interpretation of the leveling off of the observed cooling curve as it does not require reaching the core temperature. Instead, it merely indicates the slowdown in cooling produced by the low thermal conductivity pasta layer, and cooling is predicted to continue to a significantly lower

core temperature. This has been found before [7,8] and in fact has been used to explain the initially surprising continued cooling observed in MXB 1659-29. Clearly future observations of KS 1731–260 could be used to provide more evidence for the existence of a high impurity pasta layer. One difference in our analysis is the somewhat lower inferred core temperature ( $T_{\text{core}} = 5\text{--}7 \times 10^7$  K, vs  $9 \times 10^7$  K [8]) that would result in stronger continued cooling that may be more straightforward to observe.

In conclusion, we find that taking into account the detailed composition of the outer crust, defined by the thermonuclear burning on the surface and nuclear reactions in the crust is important for the interpretation of observations of cooling in quasipersistent soft x-ray transients. The outer crust composition not only defines nuclear heating profiles, as has been pointed out before, but also affects thermal conductivity as a function of depth. Applying our model to KS 1731–260, we find that for the best fit realistic outer crust composition, only 0.35–0.45 MeV/u of additional shallow heating is required. This is lower by  $5\sigma$  compared to previous work that obtained values in excess of 1 MeV/u. Such a low value could possibly be reconciled with nuclear heating uncertainties, and thus may alleviate the need for more exotic explanations. It remains to be seen if this result is applicable to other sources, in particular sources where observational data are available at earlier times in the quiescence phase.

We also find that based on the observed x-ray cooling data during quiescence, the crust is likely to be dominated by the ashes of stable H and He burning, possibly modified further by subsequent superbursts. Our fits to the observational data have some preference for the existence of a low conductivity disordered nuclear pasta layer in the inner crust. Future observations of KS 1731–260 can be used to test this hypothesis more conclusively, and our results predict a stronger signature compared to previous calculations.

Our assumption of the outer crust of KS 1731–260 being dominated by a single thermonuclear burning mode and associated crustal reactions is a simplification. Given the variety of thermonuclear burning modes observed in KS 1731–260, the crust could in principle be composed of layers with different compositions. Shorter term variations over timescales of years may be affected by sedimentation and phase separation in the liquid ocean [21]. This may lead to homogenization or further separation in steady state and remains to be explored. Lateral composition differences from anisotropies in accretion or nuclear burning may also exist [63,64]. We also assume a constant accretion rate during outburst in line with previous work [6,32,50]. Ootes *et al.* [65] pointed out that the variations in the accretion rate may affect the modeled cooling curves, mainly prior to the first observed data point in KS 1731–260. We performed test calculations with their time variable accretion rate that changed the extracted shallow heat strength by less than 10%.

It was recently suggested [13,66,67] that accounting for the diffusion of the superfluid neutrons and associated hydrostatic equilibrium conditions induce an early transition to a composition close to equilibrium. This would prevent pycnonuclear fusion in the inner crust and reduce deep nuclear heating. Recent work by Potekhin *et al.* [68] demonstrated that cooling curves can be fitted equally well with this model, while still requiring additional ingredients like shallow heating, and variations in thermal conductivity. While the impact of adopting an alternative inner crust model on our results remains to be explored, we do not expect a major impact on our main conclusions in regards to shallow heating, which are primarily based on a novel treatment of the outer crust.

**Acknowledgments**—This work was supported by the National Science Foundation under Awards No. PHY-1430152 (JINA Center for the Evolution of the Elements), No. OISE-1927130 (IReNA), No. PHY-1913554, and No. PHY-2209429, and by the U.S. Department of Energy, Office of Science, Office of Nuclear Physics under Award No. DE-SC0013037. E. F. B. acknowledges support under Grant No. 80NSSC20K0503 from NASA. This was work performed under the auspices of the U.S. Department of Energy by Lawrence Livermore National Laboratory under Contract DE-AC52-07NA27344.

**Data availability**—The data that support the findings of this article are openly available [62].

- [1] R. A. Chevalier, Neutron star accretion in a stellar envelope, *Astrophys. J.* **411**, L33 (1993).
- [2] Z. Meisel, A. Deibel, L. Keek, P. Shternin, and J. Elfritz, Nuclear physics of the outer layers of accreting neutron stars, *J. Phys. G* **45**, 093001 (2018).
- [3] R. Wijnands, N. Degenaar, and D. Page, Cooling of accretion-heated neutron stars, *J. Astrophys. Astron.* **38**, 49 (2017).
- [4] E. M. Cackett, R. Wijnands, M. Linares, J. M. Miller, J. Homan, and W. H. G. Lewin, Cooling of the quasi-persistent neutron star x-ray transients KS 1731–260 and MXB 1659–29, *Mon. Not. R. Astron. Soc.* **372**, 479 (2006).
- [5] P. S. Shternin, D. G. Yakovlev, P. Haensel, and A. Y. Potekhin, Neutron star cooling after deep crustal heating in the x-ray transient KS 1731–260, *Mon. Not. R. Astron. Soc.* **382**, L43 (2007).
- [6] E. F. Brown and A. Cumming, Mapping crustal heating with the cooling lightcurves of quasi-persistent transients, *Astrophys. J.* **698**, 1020 (2009).
- [7] C. J. Horowitz, D. K. Berry, C. M. Briggs, M. E. Caplan, A. Cumming, and A. S. Schneider, Disordered nuclear pasta, magnetic field decay, and crust cooling in neutron stars, *Phys. Rev. Lett.* **114**, 031102 (2015).
- [8] A. Deibel, A. Cumming, E. F. Brown, and S. Reddy, Late-time cooling of neutron star transients and the physics of the inner crust, *Astrophys. J.* **839**, 95 (2017).
- [9] P. Haensel and J. L. Zdunik, Models of crustal heating in accreting neutron stars, *Astron. Astrophys.* **480**, 459 (2008).
- [10] R. Lau, M. Beard, S. S. Gupta, H. Schatz, A. V. Afanasjev, E. F. Brown, A. Deibel, L. R. Gasques, G. W. Hitt, W. R. Hix, L. Keek, P. Möller, P. S. Shternin, A. W. Steiner, M. Wiescher, and Y. Xu, Nuclear reactions in the crusts of accreting neutron stars, *Astrophys. J.* **859**, 62 (2018).
- [11] H. Schatz, Z. Meisel, E. F. Brown, S. S. Gupta, G. W. Hitt, W. R. Hix, R. Jain, R. Lau, P. Möller, W.-J. Ong, P. S. Shternin, Y. Xu, and M. Wiescher, The impact of neutron transfer reactions on the heating and cooling of accreted neutron star crusts, *Astrophys. J.* **925**, 205 (2022).
- [12] N. N. Shcheculin, M. E. Gusakov, and A. I. Chugunov, Accreting neutron stars: Heating of the upper layers of the inner crust, *Mon. Not. R. Astron. Soc.: Lett.* **515**, L6 (2022).
- [13] N. N. Shcheculin, M. E. Gusakov, and A. I. Chugunov, Accreting neutron stars: Composition of the upper layers of the inner crust, *Mon. Not. R. Astron. Soc.* **523**, 4643 (2023).
- [14] N. Degenaar, Z. Medin, A. Cumming, R. Wijnands, M. T. Wolff, E. M. Cackett, J. M. Miller, P. G. Jonker, J. Homan, and E. F. Brown, Probing the crust of the neutron star in EXO 0748-676, *Astrophys. J.* **791**, 47 (2014).
- [15] A. Turlione, D. N. Aguilera, and J. A. Pons, Quiescent thermal emission from neutron stars in low-mass x-ray binaries, *Astron. Astrophys.* **577**, A5 (2015).
- [16] A. C. Waterhouse, N. Degenaar, R. Wijnands, E. F. Brown, J. M. Miller, D. Altamirano, and M. Linares, Constraining the properties of neutron star crusts with the transient low-mass x-ray binary Aql x-1, *Mon. Not. R. Astron. Soc.* **456**, 4001 (2016).
- [17] A. Y. Potekhin and G. Chabrier, Crust structure and thermal evolution of neutron stars in soft x-ray transients, *Astron. Astrophys.* **645**, A102 (2021).
- [18] E. Kuulkers, J. J. M. in 't Zand, M. H. van Kerkwijk, R. Cornelisse, D. A. Smith, J. Heise, A. Bazzano, M. Cocchi, L. Natalucci, and P. Ubertini, A half-a-day long thermonuclear x-ray burst from KS 1731–260, *Astron. Astrophys.* **382**, 503 (2002).
- [19] Z. Meisel, Constraining accreted neutron star crust shallow heating with the inferred depth of carbon ignition in x-ray superbursts, *Mon. Not. R. Astron. Soc.* **535**, 1575 (2024).
- [20] A. L. Piro and L. Bildsten, Turbulent mixing in the surface layers of accreting neutron stars, *Astrophys. J.* **663**, 1252 (2007).
- [21] C. J. Horowitz, D. K. Berry, and E. F. Brown, Phase separation in the crust of accreting neutron stars, *Phys. Rev. E* **75**, 066101 (2007).
- [22] C. J. Horowitz, H. Dussan, and D. K. Berry, Fusion of neutron rich oxygen isotopes in the crust of accreting neutron stars, *Phys. Rev. C* **77**, 045807 (2008).
- [23] S. Gupta, E. F. Brown, H. Schatz, P. Möller, and K. Kratz, Heating in the accreted neutron star ocean: Implications for superburst ignition, *Astrophys. J.* **662**, 1188 (2007).
- [24] N. Chamel, A. F. Fantina, J. L. Zdunik, and P. Haensel, Experimental constraints on shallow heating in accreting neutron-star crusts, *Phys. Rev. C* **102**, 015804 (2020).
- [25] F. J. Fattoyev, E. F. Brown, A. Cumming, A. Deibel, C. J. Horowitz, B.-A. Li, and Z. Lin, Deep crustal heating by neutrinos from the surface of accreting neutron stars, *Phys. Rev. C* **98**, 025801 (2018).

- [26] N. A. Inogamov and R. A. Sunyaev, Spread of matter over a neutron-star surface during disk accretion: Deceleration of rapid rotation, *Astron. Lett.* **36**, 848 (2010).
- [27] D. Page, J. Homan, M. Nava-Callejas, Y. Cavecchi, M. V. Beznogov, N. Degenaar, R. Wijnands, and A. S. Parikh, A “Hyperburst” in the MAXI J0556-332 neutron star: Evidence for a new type of thermonuclear explosion, *Astrophys. J.* **933**, 216 (2022).
- [28] A. Deibel, A. Cumming, E. F. Brown, and D. Page, A strong shallow heat source in the accreting neutron star MAXI J0556-332, *Astrophys. J. Lett.* **809**, L31 (2015).
- [29] A. S. Parikh, R. Wijnands, L. S. Ootes, D. Page, N. Degenaar, A. Bahramian, E. F. Brown, E. M. Cackett, A. Cumming, C. Heinke, J. Homan, A. Rouco Escorial, and M. J. P. Wijngaarden, Consistent accretion-induced heating of the neutron-star crust in MXB 1659-29 during two different outbursts, *Astron. Astrophys.* **624**, A84 (2019).
- [30] N. Degenaar, L. S. Ootes, D. Page, R. Wijnands, A. S. Parikh, J. Homan, E. M. Cackett, J. M. Miller, D. Altamirano, and M. Linares, Crust cooling of the neutron star in Aql X-1: Different depth and magnitude of shallow heating during similar accretion outbursts, *Mon. Not. R. Astron. Soc.* **488**, 4477 (2019).
- [31] N. Itoh and Y. Kohyama, Electrical and thermal conductivities of dense matter in the crystalline lattice phase. II. Impurity scattering, *Astrophys. J.* **404**, 268 (1993).
- [32] R. L. Merritt, E. M. Cackett, E. F. Brown, D. Page, A. Cumming, N. Degenaar, A. Deibel, J. Homan, J. M. Miller, and R. Wijnands, The thermal state of KS 1731–260 after 14.5 years in quiescence, *Astrophys. J.* **833**, 186 (2016).
- [33] S. E. Woosley, A. Heger, A. Cumming, R. D. Hoffman, J. Puet, T. Rauscher, J. L. Fisker, H. Schatz, B. A. Brown, and M. Wiescher, Models for Type I x-ray bursts with improved nuclear physics, *Astrophys. J. Suppl. Ser.* **151**, 75 (2004).
- [34] L. Keek, A. Heger, and J. J. M. in’t Zand, Superburst models for neutron stars with hydrogen- and helium-rich atmospheres, *Astrophys. J.* **752**, 150 (2012).
- [35] R. Wijnands, J. M. Miller, P. J. Groot, C. Markwardt, W. H. G. Lewin, and M. van der Klis, Chandra observation of the long-duration x-ray transient KS 1731–260 in quiescence, *Astrophys. J. Lett.* **560**, L159 (2001).
- [36] R. Syunyaev, M. Gilfanov, E. Churazov, V. Loznikov, N. Yamburenko, G. K. Skinner, T. G. Patterson, A. P. Willmore, O. Emam, A. C. Brinkman, J. Heise, J. Intzand, and R. Jager, The new x-ray transient burster KS:1731–260, *Sov. Astron. Lett.* **16**, 59 (1990).
- [37] R. Wijnands, M. Guainazzi, M. van der Klis, and M. Méndez, XMM-Newton observations of the neutron star x-ray transient KS 1731–260 in quiescence, *Astrophys. J. Lett.* **573**, L45 (2002).
- [38] E. M. Cackett, E. F. Brown, A. Cumming, N. Degenaar, J. M. Miller, and R. Wijnands, Continued cooling of the crust in the neutron star low-mass x-ray binary KS 1731–260, *Astrophys. J. Lett.* **722**, L137 (2010).
- [39] D. K. Galloway, J. in ’t Zand, J. Chenevez, H. Wörpel, L. Keek, L. Ootes, A. L. Watts, L. Gisler, C. Sanchez-Fernandez, and E. Kuulkers, The multi-INstrument burst Archive (MINBAR), *Astrophys. J. Suppl. Ser.* **249**, 32 (2020).
- [40] T. A. Weaver, G. B. Zimmerman, and S. E. Woosley, Pre-supernova evolution of massive stars, *Astrophys. J.* **225**, 1021 (1978).
- [41] R. H. Cyburt, A. M. Amthor, A. Heger, E. Johnson, L. Keek, Z. Meisel, H. Schatz, and K. Smith, Dependence of x-ray burst models on nuclear reaction rates, *Astrophys. J.* **830**, 55 (2016).
- [42] H. Schatz, L. Bildsten, A. Cumming, and M. Wiescher, The rapid proton process ashes from stable nuclear burning on an accreting neutron star, *Astrophys. J.* **524**, 1014 (1999).
- [43] H. Schatz, S. Gupta, P. Möller, M. Beard, E. F. Brown, A. T. Deibel, L. R. Gasques, W. R. Hix, L. Keek, R. Lau, A. W. Steiner, and M. Wiescher, Strong neutrino cooling by cycles of electron capture and  $\beta$ - decay in neutron star crusts, *Nature (London)* **505**, 62 (2013).
- [44] A. Deibel, Z. Meisel, H. Schatz, E. F. Brown, and A. Cumming, Urca cooling pairs in the neutron star ocean and their effect on superbursts, *Astrophys. J.* **831**, 13 (2016).
- [45] W. R. Hix and F. K. Thielemann, Computational methods for nucleosynthesis and nuclear energy generation, *J. Comput. Appl. Math.* **109**, 321 (1999).
- [46] R. Jain, E. F. Brown, H. Schatz, A. V. Afanasjev, M. Beard, L. R. Gasques, S. S. Gupta, G. W. Hitt, W. R. Hix, R. Lau, P. Möller, W. J. Ong, M. Wiescher, and Y. Xu, Impact of pycnonuclear fusion uncertainties on the cooling of accreting neutron star crusts, *Astrophys. J.* **955**, 51 (2023).
- [47] E. F. Brown, dStar: Neutron star thermal evolution code (2015), ascl:1505.034.
- [48] K. Oyamatsu, Nuclear shapes in the inner crust of a neutron star, *Nucl. Phys.* **A561**, 431 (1993).
- [49] M. Caplan and C. Horowitz, Colloquium: Astromaterial science and nuclear pasta, *Rev. Mod. Phys.* **89**, 041002 (2017).
- [50] D. K. Galloway, M. P. Muno, J. M. Hartman, D. Psaltis, and D. Chakrabarty, Thermonuclear (Type-I) x-ray bursts observed by the Rossi x-ray timing explorer, *Astrophys. J. Suppl. Ser.* **179**, 360 (2008).
- [51] See Supplemental Material, which includes Refs. [52–62], at <http://link.aps.org/supplemental/10.1103/jwc8-xfhv> for technical details on the modeling of KS 1731–260.
- [52] A. Akmal, V. R. Pandharipande, and D. G. Ravenhall, Equation of state of nucleon matter and neutron star structure, *Phys. Rev. C* **58**, 1804 (1998).
- [53] F. X. Timmes and F. D. Swesty, The accuracy, consistency, and speed of an electron-positron equation of state based on table interpolation of the helmholtz free energy, *Astrophys. J. Suppl. Ser.* **126**, 501 (2000).
- [54] G. Chabrier and A. Y. Potekhin, Equation of state of fully ionized electron-ion plasmas, *Phys. Rev. E* **58**, 4941 (1998).
- [55] R. T. Farouki and S. Hamaguchi, Thermal energy of the crystalline one-component plasma from dynamical simulations, *Phys. Rev. E* **47**, 4330 (1993).
- [56] A. Y. Potekhin, G. Chabrier, and D. G. Yakovlev, Internal temperatures and cooling of neutron stars with accreted envelopes, *Astron. Astrophys.* **323**, 415 (1997).
- [57] D. A. Baiko, A. D. Kaminker, A. Y. Potekhin, and D. G. Yakovlev, Ion structure factors and electron transport in dense Coulomb plasmas, *Phys. Rev. Lett.* **81**, 5556 (1998).

- [58] K. P. Levenfish and D. G. Yakovlev, Specific heat of neutron star cores with superfluid nucleons, *Astron. Rep.* **38**, 247 (1994).
- [59] S. Gandolfi, A. Y. Illarionov, S. Fantoni, F. Pederiva, and K. E. Schmidt, Equation of state of superfluid neutron matter and the calculation of the  $1s0$  pairing gap, *Phys. Rev. Lett.* **101** (2008).
- [60] D. G. Yakovlev, A. D. Kaminker, and K. P. Levenfish, Neutrino emission due to cooper pairing of nucleons in cooling neutron stars, *Astron. Astrophys.* **343**, 650 (1999).
- [61] A. W. Steiner and S. Reddy, Superfluid response and the neutrino emissivity of neutron matter, *Phys. Rev. C* **79**, 015802 (2009).
- [62] R. Jain, Supplemtal data for “crust composition and the shallow heat source in KS 1731–260”, [10.5281/zenodo.17042236](https://doi.org/10.5281/zenodo.17042236) (2025).
- [63] G. Ushomirsky, C. Cutler, and L. Bildsten, Deformations of accreting neutron star crusts and gravitational wave emission: Crustal quadrupole moments, *Mon. Not. R. Astron. Soc.* **319**, 902 (2002).
- [64] J. A. Morales and C. J. Horowitz, Neutron star crust can support a large ellipticity, *Mon. Not. R. Astron. Soc.* **517**, 5610 (2022).
- [65] L. S. Ootes, D. Page, R. Wijnands, and N. Degenaar, Neutron star crust cooling in KS 1731–260: The influence of accretion outburst variability on the crustal temperature evolution, *Mon. Not. R. Astron. Soc.* **461**, 4400 (2016).
- [66] M. E. Gusakov and A. I. Chugunov, Thermodynamically consistent equation of state for an accreted neutron star crust, *Phys. Rev. Lett.* **124**, 191101 (2020).
- [67] M. E. Gusakov and A. I. Chugunov, Heat release in accreting neutron stars, *Phys. Rev. D* **103**, L101301 (2021).
- [68] A. Potekhin, A. Chugunov, N. Shchekilin, and M. Gusakov, Cooling of neutron stars in soft x-ray transients with realistic crust composition, *J. High Energy Astrophys.* **45**, 116 (2025).