

Variation in DNA methylation in the KvDMR1 (ICR2) region in first-trimester human pregnancies

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Objective: To investigate the levels of DNA methylation in the KvDMR1 (KvLQT1 differentially methylated region 1) in embryonic and extra-embryonic tissues.

Design: Cross-sectional study.

Setting: University medical center and clinical hospital.

Patient(s): Embryonic and/or extraembryonic tissues (umbilical cord, chorionic villus, chorion, decidua, and/or amnion) collected from 27 first-trimester pregnancies (up to 12 weeks of gestation, single embryos) from elective abortions, extravillous trophoblasts (EVTs) from the top of individual chorionic villi, and chorionic villi from 10 normal full-term placentas collected after birth.

Intervention(s): None.

Main Outcome Measure(s): DNA methylation of the KvDMR1 region evaluated using quantitative analysis of DNA methylation followed by real-time polymerase chain reaction (qAMP) and bisulfite sequencing (bis-seq) analysis.

Result(s): The results showed variability in KvDMR1 DNA methylation in different tissues from the same pregnancy. The average of DNA methylation was not different between the embryo, umbilical cord, amnion, and chorionic villi, despite the relatively low level of methylation observed in the amnion ($33.50\% \pm 14.48\%$). Chorionic villi from term placentas showed a normal methylation pattern at KvDMR1 ($42.60\% \pm 6.08\%$). The normal methylation pattern at KvDMR1 in chorionic villi (as well as in EVT) from first-trimester placentas was confirmed by bis-seq.

Conclusion(s): Our results highlight an existing heterogeneity in DNA methylation of the KvDMR1 region during first trimester and a consistent hypomethylation in the amnion in this period of gestation. (Fertil Steril® 2019;111:1186–93. Copyright ©2019 American Society for Reproductive Medicine, Published by Elsevier Inc.)

El resumen está disponible en Español al final del artículo.

Key Words: Bisulfite sequencing, DNA methylation, KvDMR1, pregnancy, real-time qPCR

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The disruption of epigenetics marks early in life in embryonic and fetal development can influence human biology and long-term health in adulthood (1, 2). Intrauterine adverse conditions appear to be related to developmental disorders and may lead to an increased risk of developing (metabolic) diseases during adulthood, such as type 2 diabetes mellitus and cardiovascular diseases (3–5).

Loss of imprinting has been reported for paternally or maternally imprinted genes in first-trimester placentas (6). The occurrence of loss of imprinting can vary between tissues from the affected individual, which may reflect different time points during the developmental window where it occurs (7). Epimutations in these genes have been detected in embryonic and extraembryonic tissues of individuals conceived both naturally or with the help of artificial reproductive techniques (ART) (8, 9). The disruption of imprinting has also been reported in first-trimester human placentas from uncomplicated pregnancies, reflecting a dynamic process during the development of this organ (6).

Imprinting control region 2 (ICR2), which includes the KvDMR1 (KvLQT1 differentially methylated region 1), mapped to human chromosome 11p15.5 (Fig. 1A), is responsible for the imprinting regulation of several genes involved in placental and embryonic growth and development (10). KvDMR1 is a differentially methylated region (DMR) at the maternal allele, located in an intronic CpG island at the *KCNQ1* (potassium voltage-gated channel subfamily Q member 1), also known as *KvLQT1* (potassium voltage-gated channel subfamily long QT syndrome member 1). This region overlaps the promoter region of the paternally expressed long-noncoding RNA *KCNQ1OT1* (*KCNQ1* overlap transcript 1), also known as LIT1 (long intronic transcript 1), which regulates the expression of neighboring imprinted genes such as the maternally expressed *CDKN1C* (cyclin-dependent kinase inhibitor 1C) (11).

Alterations at the KvDMR1 are related to growth and developmental syndromes (12) as well as some tumors in humans (13). The prenatal period seems to be a sensitive devel-

opmental time window for epigenome perturbations affecting long-term adult health (2, 14). Considering the importance of the KvDMR1-regulated genes associated with imprinting disorders and placental development, there are few reports about the regulatory plasticity of this region, and just a small set of genes have been investigated during the first trimester in the placenta (15). Thus, we sought to evaluate the DNA methylation levels in the KvDMR1 region in embryonic and extraembryonic tissues from several human pregnancies.

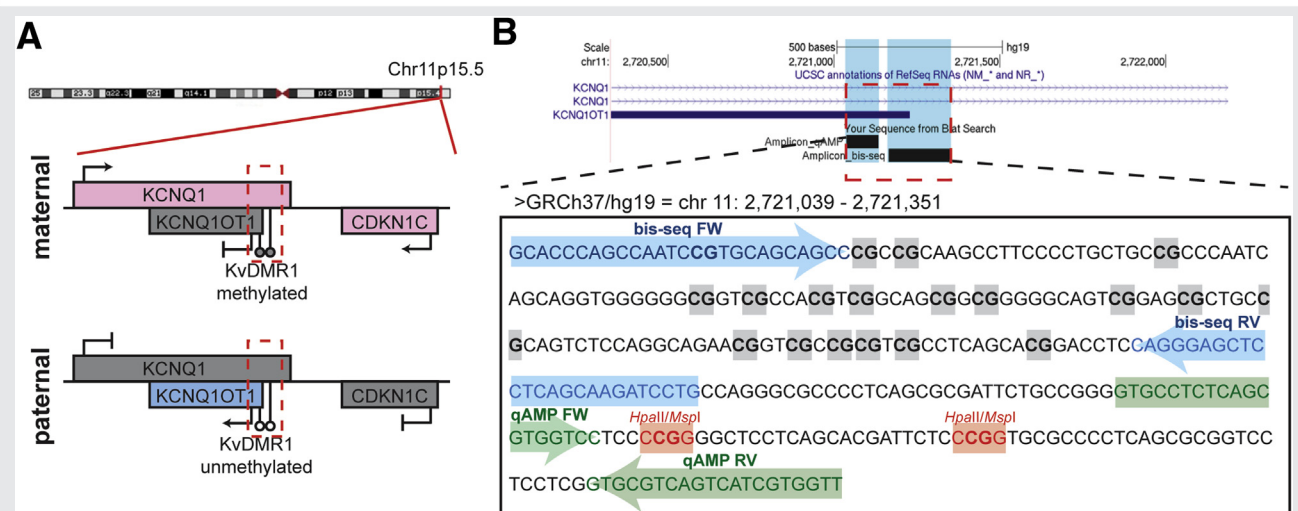
MATERIALS AND METHODS

Ethics Statement and Sample Collection

Sample collection and use of the material from the first trimester was approved by the medical ethics committee of Leiden University Medical Center in the Netherlands (P08.087), and from the third trimester was approved by the research ethics committee of the University Hospital of the Ribeirao Preto Medical School, University of São Paulo (HC-FMRP-USP) (Process CAAE #0091.0.004.000-04). All tissues analyzed were donated with informed consent.

Embryonic and extraembryonic tissues, such as umbilical cord, chorionic villus, and amnion were collected from uncomplicated, naturally conceived first-trimester pregnancies, up to 12 weeks of gestation with single embryos (Supplemental Table 1, available online), without medical indication. Samples were collected after elective abortion (with aspiration). Additionally, extravillous trophoblasts (EVTs), collected from the top of individual chorionic villus, individual chorionic villi, pooled villi (bulk), and maternal decidua, as well as few samples of amnion, chorion, and umbilical cord were collected for

FIGURE 1



Structure of the KvDMR1 locus in humans. (A) Schematic representation of KvDMR1 imprinting domain in the Chr11p15.5. The methylation at the maternal allele (closed circles) in the intronic region of *KCNQ1* that overlaps with promoter of the *KCNQ1OT1*. The methylation at *KCNQ1OT1* silences this gene, while the *CDKN1C* and *KCNQ1* are maternally expressed. In the unmethylated paternal allele (open circles) the *KCNQ1OT1* is expressed and *CDKN1C* and *KCNQ1* are paternally silenced. (B) Genomic position with marked the sequences of the human KvDMR1 (<https://genome.ucsc.edu>) analyzed by bisulfite sequencing (bis-seq) and qAMP. In bold, CpG dinucleotides; in blue, primer annealing region for bis-seq; in green, primer annealing region for qAMP; in red, restriction recognition-sites of HpaII/MspI enzymes.

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bisulfite sequencing (bis-seq) analysis. In total, 27 first-trimester pregnancies were collected.

Chorionic villi from 10 normal full-term placentas were collected after birth, single embryo, without gestational complications (see [Supplemental Table 1](#)). Individual chorionic villi were excised from each cotyledon immediately below the fetal surface. These fragments were washed in phosphate-buffered saline (PBS 1X) under a stereomicroscope (Olympus SZH10) to minimize blood contamination.

Isolation of Genomic DNA

Genomic DNA from embryonic and extraembryonic tissues as well as maternal decidua were isolated using the salting-out protocol (16) with some modifications. Briefly, samples were first washed in red-blood-lysis buffer (0.32 M sucrose, 1% [v/v] Triton X-100, 5 mM MgCl₂·6H₂O, 12 mM Tris-HCl, pH 7.5) and centrifuged (13,000 *g*, 20 seconds). The sample pellets were then lysed (80 μ L proteinase-K buffer [0.375 M NaCl, 0.12 M EDTA, pH 8.0], 8 μ L proteinase K [25 mg/mL], 10 μ L 20% sodium dodecyl sulfate, and 280 μ L H₂O) overnight at 55°C with shaking. The samples were allowed to cool down, and 120 μ L of 5 M NaCl was added. The samples were then shaken vigorously for 8 seconds and centrifuged (13,000 *g*, 5 minutes, 4°C). Next, 400 μ L of the supernatant was mixed with 1 mL cold ethyl alcohol 98%, inverted a few times, and kept at -20°C overnight. The precipitated DNA was washed twice with cold ethyl alcohol 70% and centrifuged (13,000 *g*, 5 minutes, 4°C); the pellet was dried in air, resuspended in 50 μ L H₂O, and stored at -20°C.

In EVT and individual chorionic villi samples, the genomic DNA was lysed in 20 μ L of 1 mg/mL proteinase K (Qiagen) in 10 mM Tris-HCl (pH 8.5) for 1 hour at 56°C and was directly used for bisulfite conversion. The DNA concentration and integrity were evaluated using a spectrophotometer (Nanodrop 2000c; Thermo Fisher Scientific).

Quantitative Analysis of DNA Methylation Using Real-Time Polymerase Chain Reaction

The quantification of KvDMR1 DNA methylation was carried out using quantitative analysis of DNA methylation using real-time PCR (polymerase chain reaction, qAMP) (17). Briefly, genomic DNA (400 ng) was digested with *HpaII* (New England Biolabs) or mock-digested without restriction enzyme, according to the manufacturer's instructions, in a final volume of 10 μ L. The same amount of DNA was digested with the methylation-nonsensitive enzyme *MspI* (New England Biolabs), an *HpaII* isoschizomer that was used as a control for digestion efficiency and to identify undesirable genetic polymorphisms.

Thereafter, primers flanking the restriction sites within CpG island at KvDMR1 (see [Fig. 1B](#); [Supplemental Table 2](#), available online) were used to amplify genomic DNA by quantitative PCR, as previously described elsewhere (18). The amplification was performed using 10 pmol of each primer and 2 μ L of digested (*HpaII* and *MspI*) and mock-digested DNA, in 10 μ L of final volume, using the StepOne Real-Time PCR system (Applied Biosystems) with SYBR Green

PCR Master Mix (Applied Biosystems). Each reaction was performed in triplicate, and an average of the threshold cycle values was obtained. The relative quantification of DNA methylation at the KvDMR1 was calculated using the average threshold cycle of *HpaII* digested (D) and undigested (UD) DNA using the formula $1/2^{(D - UD)}$ (18).

DNA Methylation Analysis by Bis-seq

Bisulfite conversion and PCR amplification. Genomic DNA was used for DNA bisulfite conversion using the EZ DNA Methylation-Lightning kit (Zymo Research) according to the manufacturer's instructions. The amplification of the KvDMR1 region was performed using Platinum-Taq DNA polymerase (Invitrogen) with primers containing adapters (see [Fig. 1B](#); see [Supplemental Table 2](#)) as previously described elsewhere (19). The PCR conditions to amplify the KvDMR1 region were 95°C for 5 minutes, 50 cycles of denaturation at 94°C for 45 seconds, annealing at 59°C for 45 seconds and extension at 72°C for 45 seconds, and a final extension step at 72°C for 10 minutes.

Next-generation sequencing. Bis-seq was performed using MiSeq (Illumina). The PCR products, containing the adapters, were barcoded and converted to Illumina-compatible next-generation sequencing libraries, and the sequencing was performed using the 600bp V3 reagents kit according to the manufacturer's instructions. The FASTQ files for individual samples were generated using Illumina's pipeline (bcl2fastq2-v2-20). The adapter and indexes were removed from the sequence using Cutadapt v1.9.1 (20) software with settings: -q 30 -minimum-length 50. The paired read sequences were merged using default settings of FLASH v1.2.11 (21) and aligned to the bisulfite converted genome using Bismark v0.18.2 with settings: -ambig_bam (22), which was also used to count the reads with different methylation patterns. Visualization of the methylated CpGs in the regions of interest was performed based on Tabsat v1.0.2 (23).

Statistical Analysis

From a power calculation considering a mean difference of 28% between the groups and a standard deviation of 22%, it was necessary to include 15 samples per group to have 90% statistical power with $P < .05$. The nonparametric Mann-Whitney *U* test for independent samples was used to compare the percentage of DNA methylation at the KvDMR1 between first- and third-trimester chorionic villi. Kruskal-Wallis one-way analysis of variance was used to compare the average of DNA methylation between different tissues from pregnancies (embryo, umbilical cord, chorionic villus, and amnion). All statistical analysis was performed using the computing environment R version 3.5.1. $P < .05$ was considered statistically significant.

RESULTS

We analyzed the methylation pattern of KvDMR1 (see [Fig. 1A](#)) using the qAMP assay based on the analysis of two CpG hot spots (see [Fig. 1B](#)) in different tissues from 21 first-trimester pregnancies ([Fig. 2A](#)). The methylation pattern of KvDMR1

showed high variation among different tissues analyzed within each individual from the first-trimester pregnancies, ranging from 12% to 99% in the embryo ($n = 16$), 17% to 80% in the umbilical cord ($n = 17$), 14% to 61% in the amnion ($n = 12$), and 14% to 82% in chorionic villi bulk ($n = 20$) (see Fig. 2A). Comparing the average DNA methylation in the KvDMR1 region in the first-trimester tissues analyzed by qAMP, the amnion showed a relatively lower percentage of DNA methylation ($33.50\% \pm 14.48\%$), but no statistically significant differences were observed ($P = .233$) when compared with the embryo ($47.90\% \pm 20.83\%$), umbilical cord ($46.82\% \pm 19.06\%$), or chorionic villi bulk ($43.11\% \pm 20.99\%$) (see Fig. 2C).

Next, we analyzed DNA methylation in the KvDMR1 region in chorionic villi from third-trimester (full-term) placenta ($n = 10$) using qAMP and observed an average percentage of DNA methylation of $42.60\% \pm 6.08\%$ (see Fig. 2C). When the average percentage of DNA methylation in the KvDMR1 was compared between full-term and first-trimester placenta ($43.11\% \pm 20.99\%$) no statistically significant difference ($P = .947$) was observed (see Fig. 2C).

To compare the results obtained using qAMP (measuring DNA methylation at two CGs) with the methylation of a longer region with more CGs (19 CGs) in the imprinting control region (see Fig. 1B), we investigated the pattern of DNA methylation in the KvDMR1 region in the first-trimester placenta ($N = 7$ different placentas) using bis-seq. To study this in great detail, we used bulk chorionic villi (several villi pooled), individual chorionic villi (containing the inner core of extraembryonic mesoderm and trophoctoderm-derived outer cells), and EVT collected from individual chorionic villi tops (containing only trophoctoderm-derived outer cells and no extraembryonic mesoderm). In this way, it would be possible to distinguish imprinting defects on the trophoctoderm-derived cells specifically.

The selected bis-seq region is adjacent (32 base pair distance) to the selected qAMP region (see Fig. 1B). Using bis-seq, we observed in the placentas analyzed ($n = 7$) consistently normal levels of DNA methylation between 35% and 65% in the chorionic villi (bulk and individual) analyzed, with few outliers per placenta (Fig. 3). This is suggestive of either biologic variation or technical bias, and it showcases the importance of having multiple samples for analysis. In addition, the individual EVTs of the placentas analyzed ($n = 7$) also showed normal levels of DNA methylation (see Fig. 3). The three samples of amnion included (T1–21, T1–24, T1–27) showed an average of methylated reads of $38.63\% \pm 3.25\%$. Unfortunately, we were unable to detect in the KvDMR1 region the presence of informative single-nucleotide polymorphisms, which would have allowed us to differentiate between DNA methylation in the maternal and paternal allele.

DISCUSSION

Our results showed a variation in the levels of DNA methylation in KvDMR1 region between pregnancies and also between different tissues of the same pregnancy. However, the embryos, umbilical cords, and chorionic villi (bulk, individ-

ual, or EVTs) presented average levels of DNA methylation between 35% and 65%, as expected for a bona fide imprinted region such as the KvDMR1 (24, 25). The amnion showed relatively lower levels of DNA methylation ($33.50\% \pm 14.48\%$ using qAMP, and $38.63\% \pm 3.25\%$ using bis-seq) when compared with the other tissues analyzed but was not statistically significant. The bis-seq confirmed the normal DNA methylation levels at the KvDMR1 in placentas from the first-trimester obtained by qAMP. Using whole chorionic villi (bulk or individual) or villi tops consisting only the trophoctoderm-derived ETVs showed similar results, suggestive of a normal imprinting pattern in the KvDMR1 region.

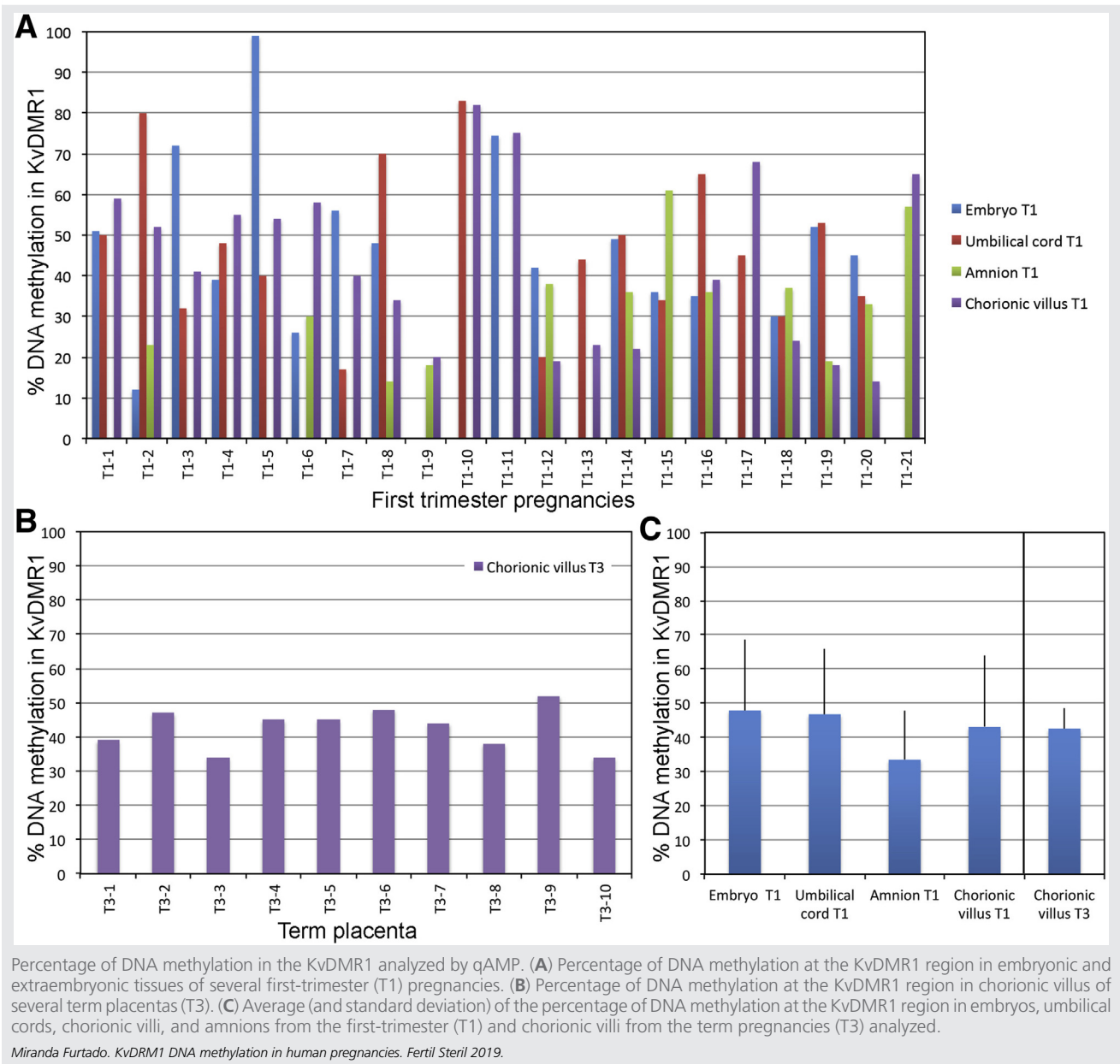
Although on average most (embryonic and extraembryonic) tissues showed a normal methylation pattern at the KvDMR1, individual samples presented hypomethylation and/or hypermethylation at this DMR. Alterations in the DNA methylation levels in the KvDMR1 region, such as hyper- or hypomethylation, could be related to gestational complications such as pre-eclampsia (26) or intrauterine growth restriction (27), or developmental syndromes such as Beckwith-Wiedemann syndrome (28), or could perhaps still be corrected during gestation (29). However, it is known that the level of DNA methylation in different DMRs may vary from the standard 50:50 ratio (24, 25, 30, 31). These values may be different among different tissues and even in individuals affected or unaffected by classical imprinting disorders (28, 32). The variation observed in the KvDMR1 region could reflect the physiologic fluctuations observed in normal adult tissues (25).

The methylation pattern based on parent-of-origin at ICR DMRs, which leads to parental-specific monoallelic gene expression, is generally maintained in somatic tissues. However, imprinting in the placenta is more dynamic, and some placenta-specific imprinted genes may escape epigenetic regulation (30, 31). Schroeder et al. (33) showed that 37% of the placental genome in the third trimester is covered by partially methylated domains, which are stable during gestation and between individuals. In gene bodies, disregarding the CpG islands, the average methylation was 48.2% in the partially methylated domains and 79.3% in the highly methylated domains. In promoter regions and CpG islands, the percentage of DNA methylation was lower than in the other chromosomal domains.

The results from the qAMP technique were comparable to those obtained by bis-seq, suggesting that qAMP is a reliable technique to evaluate the levels of DNA methylation of a given region or gene in epigenetic studies. The qAMP technique is a quantitative method that can be used in a larger number of samples because quantitative real-time-based assays are relatively low cost when compared with other methods, and it is an accurate and sensitive method for the detection and quantification of nucleic acids (17).

Despite the variation observed at the KvDMR1, the absence of informative single-nucleotide polymorphisms does not allow us to conclude the parent-of-origin imprinting in the KvDMR1 region and hence interpret the variation observed. A limitation of this study is also the restricted number of pregnancies analyzed and the absence of karyotype information to exclude any genetic alterations that could alter the DNA methylation results. In addition, we cannot exclude

FIGURE 2



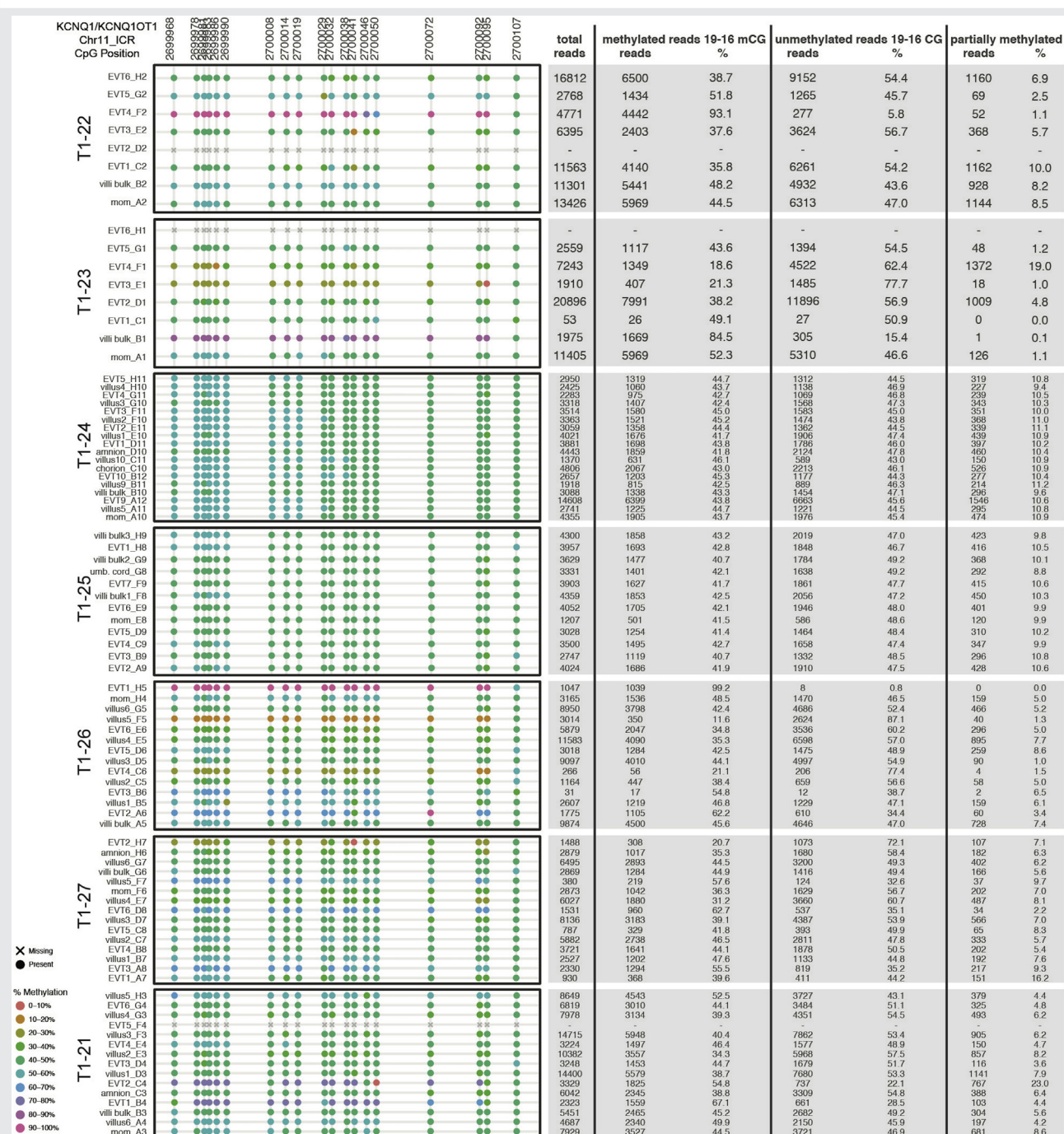
that some of the variation observed could have resulted from preanalytical technical bias, such as the DNA quality or efficiency of the enzymatic digestion. Hence, caution is necessary in interpreting the data.

Nevertheless, the KvDMR1 maps to an important ICR associated with human placental and embryonic growth and development. Developing and applying novel techniques can facilitate the evaluation of levels of DNA methylation for important ICRs during pregnancy, potentially predicting developmental and growth disorders such as Beckwith-Wiedemann syndrome. The variation observed in the levels of DNA methylation in the KvDMR1 region in embryonic and extraembryonic tissues is an important finding in understanding the epigenetic plasticity during the first trimester.

Alterations in KvDMR1 may be related to developmental disorders and long-term adult health. Loss of imprinting at this ICR may be a cause of recurrent miscarriage, and discerning the pattern of methylation may help us better understand early pregnancy loss before 20 weeks of gestational age. As the placenta and the intrauterine environment are essential for the proper development of the embryo, new efforts must be employed to understand the importance of different DMRs during pregnancy.

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FIGURE 3



KvDMR1 DNA methylation pattern analyzed by bisulfite sequencing (bis-seq). Extraembryonic tissues from seven different first-trimester human placentas (T1) and respective maternal decidua (mom) were analyzed. Extravillous trophoblast cells (EVTs) from individual chorionic villi, individual chorionic villi, and pooled chorionic villi (bulk) were analyzed. The average levels of DNA methylation per CpG per sample are represented by colored circles. On the right, a table shows [1] the total reads per sample; [2] methylated reads (containing between 19 and 16 methylated CpGs [mCG]) and percentage to the total reads; [3] unmethylated reads (containing between 19 and 16 unmethylated CpGs [CG]) and percentage to the total reads; and [4] partially methylated reads and percentage to the total reads.

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Variación en la metilación del ADN en la región KvDMR1 (ICR2) en el primer trimestre de embarazos humanos

Objetivo: Investigar los niveles de metilación del ADN en el KvDMR1 (KvLQT1 región 1 metilada diferencialmente) en tejidos embrionarios y extraembrionarios.

Diseño: Estudio transversal.

Entorno: Centro médico universitario y hospital clínico.

Paciente (s): Tejidos embrionarios y / o extraembrionarios (cordón umbilical, vellosidades coriónicas, corión, decidua y / o amnios) recogidos en el primer trimestre de embarazo (hasta 12 semanas de gestación, embriones únicos) de 27 abortos electivos, citotrofoblasto extraveloso (EVTs) de la parte superior de las vellosidades coriónicas individuales y vellosidades coriónicas de 10 placentas normales recogidas después del nacimiento.

Intervención (es): Ninguna.

Principales medidas de resultado: La metilación del ADN de la región KvDMR1 se evaluó mediante el análisis cuantitativo de la metilación del ADN, seguido de un análisis de la reacción en cadena de la polimerasa en tiempo real (qAMP) y el análisis de la secuenciación del bisulfito (bis-seq).

Resultado (s): Los resultados mostraron variabilidad en la metilación del ADN KvDMR1 en diferentes tejidos del mismo embarazo. El promedio de metilación del ADN no fue diferente entre el embrión, el cordón umbilical, el amnios y las vellosidades coriónicas, a pesar del nivel relativamente bajo de metilación observado en el amnios ($33.50\% \pm 14.48\%$). Las vellosidades coriónicas de placentas a término mostraron un patrón de metilación normal en KvDMR1 ($42.60\% \pm 6.08\%$). El patrón de metilación normal en KvDMR1 en las vellosidades coriónicas (así como en las EVT) de las placentas del primer trimestre fue confirmado por bis-seq.

Conclusión (es): Nuestros resultados resaltan una heterogeneidad existente en la metilación del ADN de la región KvDMR1 durante el primer trimestre y una hipometilación consistente en el amnio en este periodo de gestación.